

*A.R.T.S. Anonymous Inc.*  
*Conference Reports*  
*2001*

**A.R.T.S. Anonymous, Inc.**

2001 World Service Business Conference  
Beth Israel Hospital, New York City  
January 19<sup>th</sup>, 2002

**Minutes**

**Trustees Present:**

Frank L. Trustee at Large, Board Chairperson  
Ed S. Sustaining Trustee, Policy & Procedures, Recording Secretary  
Arlene A. Sustaining Trustee, Public Relations / Professional Community  
Elena R. Sustaining Trustee, Nominations  
Don T. Regional Trustee, Eastern  
Patti P. Regional Trustee, Western  
  
Abigail B. Trustee Emeritus, Founder

**Advisory Council Present:**

David K. Advisory Council, Chairperson

**WSMRs and Alternates Present:**

Claudia V.G. Colorado  
Robin C. Maryland  
Mary F. New Jersey  
Denis Z. Montreal, Canada  
Michelle T. Montreal, Canada  
Andy K. New York  
David S. New York  
Diane C. New York  
Eva A. New York  
Jay M. New York  
Lynnae B. New York  
Mareska T. New York  
Paul G. New York  
Sara U. Virginia

**Meeting Convened: (10:00 AM)**

**Roll Call:** All the attendees were allowed two minutes to introduce themselves and describe what A.R.T.S. meant to them.

Discussion:

- Question brought up as to whether a Trustee at Large can attend A.R.T.S. meetings. BY-LAWS do not prohibit it.
- Diane C., WSMR alternate (NY), read a letter from the Friday NYC Eastside Meeting to the 2001 World Service Business Conference and copies were passed out to the conferees with one copy submitted to the recording secretary to be entered in the minutes, verbatim (refer to Attachment A).

**Motion #1:** (Don T.) (2<sup>nd</sup>)

2001 Conference approved, with revisions, the minutes of the A.R.T.S. Anonymous 2000 World Service Business Conference

Discussion:

- Typos were found and corrected on pages 9 and 15.

**Vote on Motion #1:** Yes (15); No (0); Abst. (1) = **Passed**

**Reports:**

Finance and Budget Report (David K.):

- Clarification of items on 2000 annual (financial) report.
  - a. Circulated relevant income and expense data to the conferees (refer to Attachment B)
  - b. FY 2000 convention income in question.
  - c. Transfer made from Quicken to Quick Books.
- Clarification of items on 2001 annual (financial) report.
  - a. Circulated relevant income and expense data to the conferees (refer to Attachment C).
  - b. Office Staff considered 'Professional Services'.
  - c. A.R.T.S. and A.R.T.S. & Letters are not consolidated accounts although they were combined on this report.
  - d. Corrections to statements (above) should be given 'off line' and not during this meeting. This report is not a final report (will be February – 60 days from close of Fiscal year
  - d. Form automatically sent out by the IRS when an organization with non-profit status earns \$25,000 as an annual net profit.
  - e. A need seen to track non-cash donations, i.e. volunteer time and materials given (books, etc.).
  - f. Proposed independent line item to pay for professional services to cover vacancies in service positions.
  - g. Proposed meetings pass around two contribution buckets; one titled 'rent' and the other titled 'WSO'.
  - h. Quick Books can track year-to-date (YTD) meeting donation totals.
  - i. David continued to give a basic overview of how to interpret the Quick Books income and expense sheet and chart data circulated to the conferees.
  - j. Adjusted 2001 financial reports will be presented at the 2002 WSBC now scheduled for October 2002.

- A significant contribution of \$2500. was made in January 2002 by an anonymous individual.

**LUNCH: 1:15 pm – 2:15 pm**

**Nominations Report** (Elena R.)

- FY 2001 saw divisions on the Board with people quitting.
- The Board is now at seven Trustees (minimum to be legally functioning).
- The call is out for members to serve in WSO.

**Literature Report** (Abigail B.)

- The Basic Pamphlet has the word 'amateur' replaced by the word 'avoidant' when used with the word 'syndrome'.
- Changes are being made in the A.R.T.S. Attitudes and Meeting Etiquette.
- Beginning preparation of a pamphlet of the Traits that will be illustrated.
- Completed a new literature form.
- Proposed new literature:
  - a. New meeting formats (i.e. P.L.A.N. ... Meeting that Abigail set-up)
  - b. List of affirmations
  - c. New pamphlets:
    1. How to Give Feedback
    2. The Avoidant Syndrome
    3. Anti-Social Raging
    4. Obsessive Compulsive Behavior
  - d. Post card 'thank you' note.
  - e. Step Books with accompanying Tradition.
  - f. Develop vocabulary where meetings can be effectively protected from negative behaviors.
- Feedback:
  - a. Boulder, CO has a contributor to A.R.T.S. literature since 1987 and started development on the pamphlet "12 Talents" (a spin off the Traits) should finally be completed.
  - b. Continued development of "12 Talents" pamphlet should become a 2002 Conference agenda item.
  - c. Examine literature approval process, i.e. feedback and leah time from start to finish – there is a pamphlet that explains this.

**Public Relations for the Profession Community Report** (Arlene A.):

- Focus on Rehabs and mailings to 100 professionals in NNYC.
- Arlene was interviewed 30 minute spot on Cable Public Access (transcript available).
- A press kits for therapists and press kit for other professional were presented to the conferees.
- Feedback:
  - a. Be a presenter and/or exhibitor at professional organization annual meetings and conventions.
  - b. Outreach to art schools.

- c. Establish 'official' link with other Twelve Step programs.

Policy & Procedures and Corporate Secretary Report (Ed S.):

- Events of 2002 made it impossible for the P&P Trustee to attend to the P&P agenda due to the necessity of attending to the expanded duties of Corporate Secretary.
- Suggestion made that, at present, each Trustee develop their own P&P which would be subject to the approval of the full Board.
- Corporate Secretary recorded the minutes of all World Service Board meetings during FY 2001.
- Corporate Secretary participated with the Founder in maintaining the functions of the World Service Office during FY 2001.

Western Region Report (Patti P.):

- Many folks in the western region are isolated with difficulty in connecting to form meetings – referrals made to ARTS Online as a substitute.
- Outreach was made to the meetings of the western region.
- Meetings expressed a lack of interest in the Conference and the activities of WSO - some animosity with East Coast.
- Trustee Patti announced she would step down as Trustee in late December and is looking for her replacement on the Board.
- Need for better communication regarding the tracking of meetings.
- Suggestion made that Public Information prepare material for Regional Trustees to disseminate.
- Goal: create link for "in and out" communications between all meetings and WSO.

Eastern Region Report (Don T.):

- Trustee Don changed positions from Special Events to Eastern Regional Trustee.
- Focusing on hooking up people to meetings.
- There are clusters of members without meetings.
- Suggest the formation of an information team that could interact with said member clusters – make effort to register them as meetings.
- Will setup an e-mail account for the Eastern Regional Trustee which will be on the website.
- Suggest reestablishing 'registrar system' that would be run by the Regional Trustees and would assist Public Information in updating the Hotline and Meeting List.

Convention / Advisory Council Report (David K.):

- Board voted in David as chair of the 2002 Convention scheduled for the third week in May (May 17<sup>th</sup> to 19<sup>th</sup>) with all the usual activities.
- Convention Ideas:
  - a. More inclusive and international convention – develop a how to book/manual.
  - b. Work scholarships for volunteers.
  - c. Recruit WSMR volunteers to be 'personable' presenters of information to the meetings. (WSMR Mareska T. raised her hand to join).
  - d. Possibly hold a convention on the West Coast.

- Board formed the Advisory Council in May 2001 with the mission of aiding the Board in furthering the mission and the vision of A.R.T.S. Anonymous and have the program grow and prosper..
- An effort is being made to attract members to the Advisory Council who are accomplished in a variety of professions, particularly in the business and the professional / rehabilitation communities along with people of celebrity stature.
- FY 2001 the Advisory Council with the Board engaged in healing exercises which helped the Board to start a bonding and rebuilding process.
- David, on behalf of the Advisory Council made available small 'Twelve Step' books obtained from Materials for the Arts, Inc (at no cost to A.R.T.S.). to be issued as tokens of gratitude from WSO – to be used for attraction purposes.

**Slate of Trustees:**

- Frank Lagerstedt, Trustee at Large, Chair of the Board
- Joe Lobell, Trustee at Large
- Don T., Regional Trustee, Eastern
- Patti P., Regional Trustee, Western
- Arlene A., Sustaining Trustee, Public Relations/Professional Community
- Elena R., Sustaining Trustee, Nominations
- Ed S., Sustaining Trustee, Public Information

**Motion #2:** (Jay M.) (2<sup>nd</sup>)

2001 Conference cast vote of confidence for the slate of 2001 World Service Trustees

**Discussion:**

- The vote is the Conference statement of confidence or no confidence in the entire slate.

**Vote on Motion #2:** Yes (17); No (0); Abst. (0) = **Passed**

**Old Business:**

**Discussion:**

- Board unable to follow through on the recommendations of the 2000 WSBC because of WSO personnel turnover. The Board was not at the legal minimum of seven trustees for 6 months in FY 2001.

**Motion #3:** (Jay M.) (2<sup>nd</sup>)

2001 World Service Business Conference table Old Business (actions on Motions 1, 14, 16, and 19 of the 2000 World Service Business Conference) until the 2002 World Service Business Conference.

**Vote on Motion #3:** Yes (17); No (0); Abst. (0) = **Passed**

## New Business:

### Discussion:

- Jay M. offered to be temporary internet support person until the Board found some one to do it permanently.
- Issue: Some meetings practice using WSO contributions for rent when unable to meet payment.
  - a. Legality verses prudence: when funds needed for rent, solicit meeting for more rent contributions. A separate appeal should be made for rent and leave WSO contributions intact.
  - b. WSO send two buckets to all the meetings; one for rent and the other for WSO Contributions.
  - c. Include in newsletter where WSO money goes and what the current needs of WSO.
- Issue: Website not kept up-to-date.
  - a. Needs to be accurate and user friendly with information downloadable.
  - b. Suggestion to form direct links to each State.
  - c. Find some one who would physically represent WSO and travel to meetings across country.
- Issue: Lack of focus.
  - a. Lack of attention to the process of problem solving.
  - b. Lack of attention to the Traditions.
  - c. Needed is a specific agenda.

### Motion #4: (Claudia V.G.) (2<sup>nd</sup>)

World Service Board prepare an itemized agenda of old and new business to be sent to all meetings thirty (30) days prior to the next World Service Business Conference.:

Vote on Motion #4: Yes (14); No (0); Abst. (3) = **Passed**

### Discussion:

- Conference charter not completed.
- A need was seen to reinstitute the charter committee where it would also see to it that an agenda is prepared for the next conference.

### Motion #5: (David S.) (2<sup>nd</sup>)

2001 World Service Business Conference create a conference charter/agenda committee.

### Discussion:

- Issue: Return to the principle that the Organization and Conference are run from the bottom up.
- Issue: Not enough volunteers – who will take responsibility?
- Charter committee be a help to the Board

Vote on Motion #5: Yes (10); No (0); Abst. (5) = **Passed**

**Motion #6:** (Andy K.) (2<sup>nd</sup>)

Set time frame of sixty (60) days during which the World Service Board will resolve the question of how the A.R.T.S. Anonymous website will be restored and who will maintain it, and proceed forthwith.

**Vote on Motion #6:** Yes (15); No (0); Abst. (0) = **Passed**

**Motion #7:** (Elena R.) (2<sup>nd</sup>)

An e-mail discussion group be created and maintained for the express purpose of exploring methodology and strategies to involve and excite A.R.T.S. Anonymous meetings and regions outside of New York City in A.R.T.S. Anonymous and World Service Organization (WSO) activities.

**Discussion:**

- Good ideas but need volunteers to implement them
- E-mail newsletter.
- E-mail discussion group with 2001 WSBC Conferees.
- Feedback mechanism for the Fellowship.
- 'Vision quest' for all of A.R.T.S. scheduled to meet at the 2002 World Service Business Conference for 2 hours be submitted to the Convention Committee.

**Vote on Motion #7:** Yes (15); No (0); Abst. (0) = **Passed**

**Serenity Prayer:**

**Meeting Adjourned:** (6:00 PM)

Signed:

Ed S.  
Recording Secretary  
2001 World Service Business Conference

Date:



January 10, 2002

ATTACHMENT A

A LETTER TO THE 2002 A.R.T.S. ANONYMOUS WORLD SERVICE  
BUSINESS CONFERENCE, NEW YORK, NEW YORK.

It is our vote and suggested mandate of the “ ” group of A.R.T.S. Anonymous that all assembly delegates empowered to do so abstain from voting on the Conference 2002 Agenda other than any item deemed urgent and necessary to World Service and A.R.T.S. Anonymous’ operations, until such time as the Conference delegates have had sufficient time to assimilate materials distributed by the World Service Board in support or promotion of the Conference 2002 Agenda and until such time as a roll-call and quorum call is attained demonstrating adequate representation of the World Service Board and Conference assembly as provided in our Conference Charter and Conference By-Laws.

We therefore ask the following in keeping with the above mandate for action:

- that Conference 2002 reconvene for vote on the Conference 2002 Agenda subsequent to distribution of packet materials to WSMRs and WSMR Alternates and other delegates empowered to vote and participate in the Conference 2002;
- that an open-forum question and answer period (with visitors’ gallery permitted) be held prior to the reconvene date where all A.R.T.S. Anonymous’ WSMR and WSMR Alternates and other delegates empowered to vote and participate in the Conference will have the opportunity to meet, greet, and question (in person and/or by proxy) the World Service Board and any WSB committees associated with the Conference 2002 Agenda.

Respectfully Submitted,

THE “-----” GROUP OF A.R.T.S. ANONYMOUS

BY:

(name, A.R.T.S.’ anniversary date/telephone number/relationship to ARTS group)