

Minutes
ARTS Anonymous Board of Trustees meeting
August 5, 2022

Meeting: Called to order: 7:05 pm EDT.

Present: Allegra B., Cindyann W., Matt B., Pat Q., Vickie D. Absent: Dave F.

Read: The Serenity Prayer, Tradition-11, and Concept-11.

Check-In: Members checked in for 30 seconds.

Motion: To accept the minutes of the July 15 2022 Board meeting as amended. Allegra 1st, Matt 2nd, unanimous

REPORTS

Treasurer's Report:-The chair reported beginning, and final balances:

July 1:

Checking/Operations: \$6573.17

Savings Account: \$1001.77

Total: \$7574.94

July 31:

Checking/Operations: \$5352.92

Savings Account: \$1001.77

Total: \$6354.70

Difference: -\$1220.25

August 5: Current Balance of (both accounts): \$4,911.89.

Major expenses in July Directors Insurance, (\$440) Annual QuickBooks (\$389).

Report on Conference Planning Committee:

Chair of Planning Committee (Matt B) reported the committee would meet weekly- **from September**. Last meeting set up identified needs for Sessions one and two of each day: Security, Voting launch poles, Voting coalition/results, Registration tables, registration teams, rotating Administration teams, sign up rates, recruiting mode, managing delegate and non-delegate registration.

Report on Fellowship Survey of Conference schedule choices:

Option-1 Result: **33.3% likely** to attend and support; **66.7% unlikely** to attend and support

Option 2 Result: **66.7% likely** to attend and support; **33.3% unlikely** to attend and support

Option-3) Result: **60% likely** to attend and support; **40% unlikely** to attend and support

Option-4) Result: **50% likely** to attend and support; **50% unlikely** to attend and support.

Action Item: This report will be shared at the next Pre-Conference.

Reports on delegate recruitment by visiting meetings:

Nothing to report.

Action Item: The chair will send out new assignments Chart.

OPERATIONS REPORT (see below)

OLD BUSINESS: None.

NEW BUSINESS

Reviewed Board Officers Descriptions

Action Item: Submit, or amend Board of Trustee Application in preparation for presentation at WSC for Delegates

Motion: To elect Cindyann as Secretary. Allegra 1st, Vickie 2nd, Unanimous

Five recommendations to the Board from the Literature Committee

Motion 1: To recommend to the Board of Trustees that we use the 1993 Conference-approved version of the 12 Traits of ARTS Anonymous, as they appear in the Basic Pamphlet from that time.

Motion-1: Tabled

Motion 2: We recommend the Board consider an update of the 12 Traits of ARTS Anonymous to reflect the experience of the current membership.

Motion-2: Pat 1st, Vickie 2nd, **unanimous.**

Motion 3: We recommend to the Board the development of additional Literature for other known reasons that prevent us from our living our creativity, ie. the imposter syndrome (pretender), the blocked artist.

Motion-3: Ongoing task of the Committee and the Conference, **needs no discussion.**

Motion 4: We recommend to the Board that in Trait #7 the term "Avoidant Syndrome," be asterisked, and a caption at the bottom that contains language that recommends that the reader to whom this applies seek professional help.

Motion (as amended by the Board): That anywhere in the literature where the term "Avoidant Syndrome" or other clinical terms appear, that they be put in lower case, asterisked, and include a caption at the bottom that contains language that suggests that the reader to whom this applies seek professional help.

Motion-4: Vickie 1st, Pat 2nd, **unanimous.**

Motion 5: A recommendation to the Board of Trustees that they seek a professional, written opinion of the Avoidant Phobic Syndrome, and Avoidant Syndrome, as is used in the ARTS Anonymous literature, including Trait #7.

Amendment to Motion-5: All references to clinical terms be put in lower case letters, and have an asterisk and a caption stating that if readers think this may apply to them, it is suggested they seek a professional opinion.

EXCUTIVE SESSION

Next meeting: Friday, August 19, 2022

Meeting adjourned

Serenity Prayer

Respectfully submitted,

Cindyann

Operations Report to the Board – August 5, 2022

- Paid last printing bill (ended on February 2022) \$187
- \$155 honorarium given to Abby on August 1. Automatic online payments to Spectrum and T-Mobile have been cancelled
- Proofed Workbooks 7-9 – Abby reviewed, not sure what the hold up is
- Survey re timing and scheduling of the Conference/Convention went out, results back
- Did some more S/P work, but I'm thinking we drop this for now for the Conference and go old-fashioned and simple
- Website Updates: updated Committee descriptions to take out reference to 74 issues and concerns, added Cindyann's bio, updated Calendar, put up April, May, June newsletters, video outtake celebrating one year of Pre-conference meetings is up. Also links to the PreConf zoom and Agenda-setting Zoom are up there permanently.
- Downloaded zoom recordings of Board meetings and PreConference meetings onto Sharepoint
- Working on a welcome letter to delegates. Keep it Simple, Stupid
- Getting Traditions updated on website
- Forming task forces (without Board members) to work on the meeting page and materials for meetings that would be useful. Would like to do the same for the About ARTS page.
- Abby is upset about the honorarium, her founder email address, and how we are "doing her wrong," and seems to be threatening to withdraw all or some of her literature? Asked for clarity, and the result is the email we got from her today.
- Attempts to reduce software costs: Not yielding much. They all operate through TechSoup, and this requires upfront admin fees that are about the same as a year's worth of savings (Zoom, for instance). Will review Adobe Suite with Chinu to see if it's worth it.
- David has resigned from the Board
- Board Application from Jay M just arrived
- Tracey is stepping up to be on hand for spreadsheet work (financials, budgeting, Conference registrations)

