

**Minutes**  
**ARTS Anonymous Board of Trustees Meeting**  
**August 12, 2023**

**Meeting:** Called to order: 4 pm ET.

**Present:** Allegra B., Jay M., Matt B., Pat Q., Vickie D.

**Read:** The Serenity Prayer, Tradition 12 and Concept 12.

**Check-In:** Members checked in for 30 seconds.

**Consent Agenda Items**

**Motion:** To accept the July 8, 2023 Board meeting minutes. Cindyann 1<sup>st</sup>, Allegra 2<sup>nd</sup>. Unanimously passed.

**Motion:** To accept the pricing @ \$30.00 per meeting delegation for the 2023 WS Conference. Allegra 1<sup>st</sup>, Matt 2<sup>nd</sup>. Unanimously passed.

**Treasurer's Report**

**June 2023 Profit and Loss**

Income: \$1,553.93

Expenses: \$1,964.03

Income/Expense Difference: \$ -410.10

**Motion:** To accept the June Treasury Report. Pat 1<sup>st</sup>, Matt 2<sup>nd</sup>. Unanimously passed.

**Bank Statements:**

Beginning of the month July 1, 2023

End of the month July 31, 2023

Checking balance: \$4,185.26

Checking balance: \$4,872.04

Savings balance: \$3,001.90

Savings balance: \$3,001.93

Total balance: \$7,187.16

Total balance: \$7,873.97

**July 2023 Profit and Loss**

Income: \$2,262.72

Expenses: \$1,575.98

Income/Expense Difference: \$686.78

**Motion:** To accept the July Treasury Report. Pat 1<sup>st</sup>, Vickie 2<sup>nd</sup>. Passed.

### **Conference Planning Committee Report June 2023**

Hey everyone, since the last Board Meeting we had the Special One Day Conference to pass Five motions regarding member written Literature. The day went smoothly with all motions being passed. The time did blow out quite a bit with the day stretching into five hours (The first hour being introductions and going through the community Problem solving Method). Crafting took the time that each motion needed guided by the presenter of each one. As Conference Chair and sole Facilitator (at this stage), I will do my best to offer clear time extensions after the 6 minutes of crafting has expired, so that the Conference are more aware and in control of the time needed and spent on a motion.

We did lose ‘Europe’ at about the two-hour mark, due to the lateness of the hour there, which could be a concerning precedent for the Conference itself. Though due to individual Board Members stepping out on two of the votes we were able to keep establishing quorum.

The next Conference meeting was the August Pre-Conference Agenda Setting. I opened with a discussion, asking for feedback on the effectiveness of the Community Problem Solving Method at the Special One Day Conference. The response was mixed. I put forward a proposal to look at amending the Method on these grounds, time really blowing out etc but this idea was rejected by those present. C’est la vie. As previously mentioned, I’ll just be clearer with the time keeping when facilitating.

*(See August Pre-Conference Agenda below)*

There was also an Ad Hoc Conference Planning Committee meeting (after the Agenda Setting meeting) to organize the Delegate Packet which is due for distribution next week, who writes what/ who chases up what etc. It’s all on track at this stage.

So, we’ve come to the end of the Pre-Conferences this year, though the Conference Planning Committee will of course be meeting on the First Saturday (in the U.S) for September and October to finalize behind the scenes details and facilitate anymore actions needed to put on a great Conference! Thank you everyone!!! Yours in service Matt B Conference Chair.

**Motion:** To accept the Conference Planning Committee Report. Matt 1<sup>st</sup>, Allegra 2<sup>nd</sup>. 1-absent. Passed.

**Action Item:** To put in the Treasurer’s Report for the Conference a breakdown per month of what each meeting receives in services from ARTS World Services

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***Pre-Conference: Saturday, August 19, Time: 1:00 pm PT/ 4:00 pm ET (US) Zoom***

**Attendance:**

**Facilitator:** Matt B.

**Minutes:** Cindyann W.

	Agenda Item	Minutes
Opening 10 min	Welcome: Start Closed-Captioning <ul style="list-style-type: none"><li>• Serenity Prayer</li></ul>	

	<ul style="list-style-type: none"> <li>• Read 12 Concepts of Service Housekeeping</li> <li>• Thirty-Second Rule</li> <li>• Mute, Raising hands</li> <li>• Rename to First name and last initial</li> <li>• Introductions</li> </ul> <p>Start Recording</p>	
1. 10 min.	Pre-conference to talk about putting an item on the agenda for the conference, of an open forum to bring or discuss concerns to the conference.	
2. 10 min.	Present the draft agenda to the Conference for approval.	
5 min.	ANNOUNCEMENTS	1. Recruitment volunteers for the conference.
3. 40 min.	Review the Delegate packet.	
4. 10 min.	Discuss the structure for the topics for discussion at the conference.	
5. 7 min.	Put the ticket prices for the conference.	
6. 7 min.	To put the celebration day onto the pre-conference agenda.	
Close 5 min.	Closing the Meeting  Serenity Prayer	

### **Operations report (See Below)**

**Motion:** To accept the operations report as presented. Pat 1<sup>st</sup>, Matt 2<sup>nd</sup>. 1 absent. Unanimous.

### **Old Business**

1. The author release form. Which was redlined by the attorney so we can that way we could see what we had written and then what she had suggested.

**Motion:** To table the discussion on the author release form. Allegra 1<sup>st</sup>. 2<sup>nd</sup>. Unanimously passed.

2. At the July 8<sup>th</sup> Conference, the first 3 motions from the literature committee regarding the traits were passed. Motions 4, 5, 6, 11, 12, and 13 were passed by consent agenda. We need to go through the formality to approve it as a consent agenda item.

**Motion:** To accept motions: 4, 5, 6, 11, 12, and 13 as passed in the consent agenda.  
Pat 1<sup>st</sup>, Matt 2<sup>nd</sup>. 1-Abstained. Passed.

**Motion:** To recommend that the World Service Conference approve the updated version from the agreed upon base version to read: **MEETINGS**-*We attend meetings to learn how the program works. We share our experience, strength and hope with each other, as well as our art and/or creative process.*  
Pat 1<sup>st</sup>. Jay 2<sup>nd</sup>. Unanimously passed.

**Motion:** To recommend that the WS approve updates to the tool, “Art Buddy” and accept as amended to read: *An art buddy is another A.R.T.S. member, someone we speak with on a regular basis to turn over what we have done or will do for our art today. Our art buddy may be someone in our field or a different one.*  
Pat 1<sup>st</sup>. Vickie 2<sup>nd</sup>. 5-yes. 1-against. Minority heard. Passed

**Motion:** To recommend that the WS Conference approve updates to the tool, “Telephone” to read: **TELEPHONE & INTERNET**-*We address our feelings of isolation by reaching out to other ARTS members and sharing our feelings between meetings. Communicating with another member helps both artists.*  
Matt 1<sup>st</sup>, Jay 2<sup>nd</sup>. Unanimously passed.

**Motion:** To recommend that the WS Conference approve updates to the tool, “Bookending” to read: *We bookend by making contact with other members before and after taking action for our art. Expressing our thoughts and feelings clarifies our course of action and helps us to move through the process.*  
Allegra 1<sup>st</sup>, Vicky 2<sup>nd</sup>. Unanimously passed.

**Motion:** To recommend that the WS Conference approve updates to the tool, “Creativity Inventory” to read: *We take a written inventory of our artistic efforts and accomplishments since childhood.*  
Allegra 1<sup>st</sup>, Vickie 2<sup>nd</sup>. Unanimously passed.

**Motion:** To recommend that the WS Conference approve updates to the tool, “Literature” to read: *We use A.R.T.S. literature to learn how a spiritual recovery can remove the blocks to artistic freedom. We use A.A., other Twelve Step Program literature or other inspirational material.*  
Vickie 1<sup>st</sup>, Matt 2<sup>nd</sup>. 4-yes, 1-no. Minority heard Passed.

**Motion:** To recommend that the WS Conference approve updates to the tool, “Service” to read: *Service can expand our commitment to our A.R.T.S. recovery by providing a safe environment where we practice how to work with others, compromise, lead and work through problems. A.R.T.S. could not exist without the service of its members.*  
Allegra 1<sup>st</sup>, Matt 2<sup>nd</sup>. 4-yes. 1-no. Minority heard. Passed

**Motion:** To recommend that the WS Conference approve an update to the tool “Anonymity” from the agreed-upon base version to read: *We respect the confidential nature of each member’s share. Who and what we see and hear at meetings is not repeated outside the meeting. We also maintain anonymity at the level of press, radio, TV, video, social media and other public forums.*  
Allegra 1<sup>st</sup>, Matt 2<sup>nd</sup>. 4-yes 1-abstained. Passed.

**Motion:** To recommend that the World Service Conference approve the Subcommittee and the Literature Committee update to remove, “Step Work” from the Tools.

Matt 1<sup>st</sup>, Allegra 2<sup>nd</sup>. 4-yes 1 opposed, 1-abstained. Minority opinion heard. Passed.

**Motion:** To recommend that the W S Conference approve the update to the tool, “Prayer and Meditation” to read: **Prayers and Meditations**-*We seek to become channels for God’s infinite creative process.*

Allegra 1<sup>st</sup>, Vickie 2<sup>nd</sup>. Passed unanimously.

**Motion:** To recommend that the WS Conference add a tool called, “Sponsor and Sponsorship” to the list of tools to read: *A Sponsor is an A.R.T.S. member who shows the recovery you seek and is experienced in working the Steps. We can work the Twelve Steps with the help and guidance of a Sponsor through a one-to-one relationship and/or in a group setting. Sponsorship can benefit all concerned.*

Allegra 1<sup>st</sup>, Jay 2<sup>nd</sup>. Passed unanimously.

**Motion:** To recommend that the WS Conference change the name of the tool, from “Abstinence, to “5 Alive”, with the following amendment: **5-ALIVE**-*We do our art for at least 5 minutes every day. Five minutes a day keeps our art alive. Five alive!*

Jay 1<sup>st</sup>, Vickie 2<sup>nd</sup>. Unanimously Passed.

**Motion:** To recommend that the WS Conference change the name of the tool, from “Daily Action” to “Nurturing The Creative Self” with the following amendment: *We find ways to nurture the creative self. We honor and appreciate the creativity that is both inside and around us, taking time to play and to rest. Members often make commitments to nurture the creative self.*

Allegra 1<sup>st</sup>, Jay 2<sup>nd</sup>. Unanimously Passed.

**Closed the meeting:** 7:53 pm EST, Serenity Prayer.

Respectfully submitted,  
Cindyann W.

### **Operations Report to the A.R.T.S. Board – 8/12/2023**

Cindyann created a template for a Calendar of Events, including service committee meetings. August’s calendar is posted on the website on the News page and will be updated regularly. Jay has agreed to post this in html to make it accessible by any browser and on phones.

Jay is using the C-Panel function on Hostmonster to keep certain postings up to date, such as the Zoomathon meeting flier. He has also converted all the 2023 Newsletters into html and put them on the website and they look so much better.

There is now a time and zone calculator in place on the Meetings page of the website – (Jay again) with both the sortable list and underneath the text-based list.

The About ARTS page was further refined and is “OK”.

Chinu and I went through old, outdated media uploaded to the website, saved much of it to an external drive, and then deleted it from WordPress and the C-Panel. (“Decluttering” in the hopes of being able to update the website template at some point.)

Chinu put together data to determine the cost of her time plus Big Cartel fees prorated to add to the worksheet showing breakdown of literature costs. A spreadsheet of the founder-written books by cost and net profit/loss was created and shared.

July and August newsletters, and notices regarding the Members Stories workshop, the Special One-Day Conference, the August Agenda-Setting and Pre-Conference meetings sent out.

Conference Report for the Special One-Day Service conference report was emailed to the Delegates, and posted on the website.

Pamphlets Facing Avoidance and On Being the Perfect Artist, both approved in July, are in kindle and on the website.

July was the first month where we collected \$75 for the desk share sublet.

Second quarter management report was created and posted on the website.

Yixin Yin at White and Case has sent us a “red-line” version of the proposed Author Release Form. She is willing to look at a draft literature translation licensing agreement.

Eventbrite has announced a new fee: \$9.99 per event where more than 25 tickets are sold, up to 100 tickets. This is in addition to all the other fees we pay. We almost always sell more than 25 tickets.

The Workshop Committee spent quite a bit of time reviewing the instructions for the Eventbrite and Zoom registration process while members are registering for events and workshops on Eventbrite. That it takes two “registrations” (one for Eventbrite, and one for the Zoom) is confusing. Hopefully that it is a two-step process is clearer. We still missed a detail that again caused delays and will keep in mind for the future.