

Board of Trustee Motions Passed for 2023

January 7, 2023 Board Meeting

Consent Agenda: To accept the minutes of the December 9, 2022, Board Meeting. Matt 1st. Vickie 2nd. Pat-abstain. Unanimous.

Motion: To raise Chinu's hourly wage to \$35 per hour effective January, 2023. Dave 1st, Jay 2nd. Unanimous.

February 11, 2023 Board Meeting

Motion: Allegra moves that Dave F. be removed from the board of trustees effective immediately.

Pat 2nd. 5-Yes. 1-Abstain. 1-No. Passed. Minority Opinion: Heard by all.

February 18, 2023 Board Meeting

Consent Agenda: To accept the minutes of the January 7, 2022, and the February 11th Special Board Meeting.

Motion: We recognize, Florence D.'s successful completion of her agreement to serve as board, consultant, and facilitator, through the end of our 2022 World Service Conference. We have opted not to renew her agreement, and we will consider asking her to serve the board again in the future. We thank her for all her service. Matt 1st, Vickie 2nd. Unanimously passed.

Motion: To use conference approved versions of 4 pamphlets, 3 of which are currently being published and offered for sale, one of which is conference approved. Allegra 1st, Matt 2nd. Unanimously passed.

March 11, 2023 Board Meeting

Consent Agenda: To accept the minutes of the February 18, 2023. Unanimously passed

Motion: The Board of Trustees supports forming an In-Reach committee to create a Skills Inventory Survey, and to distribute it to our fellowship. The intent of the SIS is to seek information on how to best offer service opportunities utilizing our fellowship resources. Cindyann 1st, Pat 2nd. Unanimously passed.

Motion: To divide up the meeting contact list among the board members to operate as liaisons and develop personal contact with the meetings, including a list of talking points from the board chair that can be shared. Allegra 1st, Matt 2nd. Unanimously passed. A.R.T.S. Board Oath of Office.

Motion: To table the discussion to implement or not, an A.R.T.S. Board Oath of Office. Vickie 1st, Allegra 2nd. Yes-5. No-1. Passed. Minority opinion heard.

April 8, 2023 Board Meeting

Consent Agenda: To accept the minutes of the March 11, 2023. Cindyann 1st, pat 2nd. Unanimously passed.

Consent Agenda: To accept Board meetings to take place the second Saturday of each month. Allegra 1st, Matt 2nd. Unanimously passed.

Motion: To accept Board meetings to take place the second Saturday of each month. Allegra 1st, Matt 2nd. Unanimously passed.

Motion: To go ahead with the automatic payment on April thirtieth, for the post office mailbox. Pat 1st, Allegra 2nd. 4-Yes, 1-No. Minority opinion heard. Passed.

Motion: To go ahead with the automatic payment on April thirteenth, for the post office mailbox. Pat 1st, Allegra 2nd. 4-Yes, 1-No. Minority opinion heard. Passed.

Motion: We accept the letter as stated for use in the soliciting the services of a pro bono attorney. Pat 1st, Jay 2nd. Unanimously passes.

May 13, 2023 Board Minutes

Consent Agenda: To accept the April 8, 2023 Board meeting minutes. Allegra 1st, Pat Q. 2nd. Unanimously passed.

Consent Agenda: To authorize Allegra B., the Board Chair and CEO of A.R.T.S. Anonymous, as the Master Administrator for A.R.T.S. Anonymous' Intuit account. Allegra 1st, Matt 2nd. Unanimously passed.

Motion: To authorize Allegra B., the Board Chair and CEO of A.R.T.S. Anonymous, as the Master Administrator for A.R.T.S. Anonymous' Intuit account. Allegra 1st, Matt 2nd. Unanimously passed.

Motion: To approve the Conference Planning Committee Report. Matt. 1st, Allegra B. 2nd. 5-yes, 1- abstention. Passed.

Motion: To contract with Craig to make adjustments to the PayPal options. Jay 1st, Allegra 2nd. Unanimously passed.

Motion: For the ad hoc committee to send to the Trustees the text for both landing pages, for Trustees to respond with revision suggestions to ready for a consent agenda item. Pat Q. 1st, Cindyann W. 2nd. 5-yes, 1- abstention. Passed.

Motion: To announce in the October Newsletter an invitation to join a “Welcome to A.R.T.S. Anonymous Team” on how we greet and welcome the newcomer, and support their attendance to A.R.T.S. Anonymous. Matt will be the contact person with alias email. Matt B. 1st, Jay M. 2nd. Unanimously passed.

Motion: That the Board approve this revised version of the original 1993 version of Facing Avoidance and forward it to the Conference for Approval. Allegra B. 1st Matt B. 2nd.

Unanimously passed.

Motion: Forward the revised version of pamphlet: *On being the Perfect Artist* for conference approval. Vickie 1st, Jay 2nd. Unanimously passed.

Motion: Replace the pamphlet: *From Envy to Appreciation* currently being offered on the website, with the 2002 Conference approved version for website distribution and publication in kindle. Allegra 1st, Jay 2nd. 4-yes, 1-no, 1-abstention. Passed. (Minority opinion heard.)

Motion: Take the *Creative ProcesZ* pamphlet's current presence off the website and take it back to the Literature Committee for revision. Bring the revised version to the Conference for approval. Allegra 1st, Vickie 2nd. 5-Yes, 1-No. Passed. (Minority opinion heard.)

June 10, 2023 Board Meeting

Consent Agenda: To accept the May 13, 2023 Board meeting minutes. Cindyann 1st, Allegra. 2nd. Unanimously passed.

Motion: To sublet office space at \$75 a month and have it reported as office sublet. Allegra 1st, Pat 2nd. Unanimous.

Motion: I'd like to make a motion that we accept the operations reporters presented. Pat 1st, Vickie 2nd. Unanimous.

Motion: To accept the new language of the text as presented for the About A.R.T.S. page and put it on the website. Allegra 1st, Vickie 1st, Jay 2nd. Unanimous.

Motion: That the Board of Trustees establishes a standing committee of the board called the Literature Committee, comprised of the current chair and the current members, and organized as the committee sees fit. Allegra 1st, Vickie 2nd. Unanimous.

July 8, 2023 Board Minutes

Consent Agenda: To accept the June 10, 2023 Board meeting minutes as amended. Cindyann 1st, Pat Q. 2nd. 5-Yes, 1 abstained. Unanimously passed.

Motion: To accept the three motions regarding the Traits: a) to update the text of Trait 7, b) to amend the title of the Traits pamphlet, c) to amend the introduction to the Traits, and d) to bring these motions to the conference in the fall. Vickie 1st, Jay 2nd. Unanimous.

August 12, 2023 Board Minutes

Consent Agenda: To accept the July 8, 2023 Board meeting minutes. Cindyann 1st, Allegra 2nd. Unanimously passed.

Consent Agenda: To accept the pricing @ \$30.00 per meeting delegation for the 2023 WS Conference. Allegra 1st, Matt 2nd. Unanimously passed.

Motion: To table the discussion on the author release form. Allegra 1st. 2nd. Unanimously passed

Consent Agenda Motion: To accept Motions 4, 5, 6, 11, 12, and 13 as passed in the Consent Agenda via email, as follows:

Motion 4: To adopt as the Base Version from which to form updates to the Tools the version described as [Basic Pamphlet \(Conference approved 1993, revised 2002 and approved by the Board of Trustees\)](#), as this is the nearest version to being Conference-approved that currently we are aware of.

Motion 5: To update the Preamble from the agreed-upon Base Version to read: *[Preamble] We use the A.R.T.S. tools to work the program and bring our art into the realm of reality. These positive disciplines support us in living every day as the artists we are.*

Motion 6: To update the Tool “Affirmations” from the agreed-upon Base Version to read: **AFFIRMATIONS** *We identify ourselves as the artists that we are. “My name is _____ and I am a _____.” This and other positive statements affirm our commitment and help offset invalidating societal myths, attitudes and beliefs*

Motion 11: To update the Tool “Action Groups” from the agreed-upon Base Version to read: **ACTION GROUPS** *We form mutual support groups of fellowship members to help each other develop action plans and follow through on them.*

Motion 12: To update the Tool “Creative Inventory” from the agreed-upon Base Version to read: **CREATIVITY INVENTORY** *We take a written inventory of our artistic efforts and accomplishments since childhood.*

Motion 13: To update the Tool “Action Plan” from the agreed-upon Base Version to read: **ACTION PLAN** *This is our personal roadmap for recovery. It includes specific actions to take for the development of our art and ourselves as artists, as well as making a list of our creative goals. It may also include a plan for realizing our professional aspirations and achieving balance in the significant areas of our lives.*

Pat 1st, Matt 2nd. 1-Abstained. Passed.

Motion: To recommend that the World Service Conference approve the updated version from the agreed upon base version to read: **MEETINGS**-We attend meetings to learn how the program works. We share our experience, strength and hope with each other, as well as our art and/or creative process. Pat 1st. Jay 2nd. Unanimously passed.

Motion: To recommend that the WS approve updates to the tool, “Art Buddy” and accept as amended to read: An art buddy is another A.R.T.S. member, someone we speak with on a regular basis to turn over what we have done or will do for our art today. Our art buddy may be someone in our field or a different one. Pat 1st. Vickie 2nd. 5-yes. 1-against. Minority heard. Passed

Motion: To recommend that the WS Conference approve updates to the tool, “Telephone” to read: **TELEPHONE & INTERNET**-We address our feelings of isolation by reaching out to other ARTS members and sharing our feelings between meetings. Communicating with another member helps both artists. Matt 1st, Jay 2nd. Unanimously passed.

Motion: To recommend that the WS Conference approve updates to the tool, “Bookending” to read: We bookend by making contact with other members before and after taking action for our art. Expressing our thoughts and feelings clarifies our course of action and helps us to move through the process. Allegra 1st, Vicky 2nd. Unanimously passed.

Motion: To recommend that the WS Conference approve updates to the tool, “Creativity Inventory” to read: We take a written inventory of our artistic efforts and accomplishments since childhood. Allegra 1st, Vickie 2nd. Unanimously passed.

Motion: To recommend that the WS Conference approve updates to the tool, “Literature” to read: We use A.R.T.S. literature to learn how a spiritual recovery can remove the blocks to artistic freedom. We use A.A., other Twelve Step Program literature or other inspirational material. Vickie 1st, Matt 2nd. 4-yes, 1-no. Minority heard Passed.

Motion: To recommend that the WS Conference approve updates to the tool, “Service” to read: Service can expand our commitment to our A.R.T.S. recovery by providing a safe environment where we practice how to work with others, compromise, lead and work through problems. A.R.T.S. could not exist without the service of its members. Allegra 1st, Matt 2nd. 4-yes. 1-no. Minority heard. Passed

Motion: To recommend that the WS Conference approve an update to the tool “Anonymity from the agreed-upon base version to read: We respect the confidential nature of each member’s share. Who and what we see and hear at meetings is not repeated outside the meeting. We also maintain anonymity at the level of press, radio, TV, video, social media and other public forums. Allegra 1st, Matt 2nd. 4-yes 1-abstained. Passed.

Motion: To recommend that the World Service Conference approve the Subcommittee and the Literature Committee update to remove, “Step Work” from the Tools. Matt 1st, Allegra 2nd. 4-yes 1 opposed, 1-abstained. Minority opinion heard. Passed.

Motion: To recommend that the W S Conference approve the update to the tool, “Prayer and Meditation” to read: Prayers and Meditations-We seek to become channels for God’s infinite creative process. Allegra 1st, Vickie 2nd. Passed unanimously.

Motion: To recommend that the WS Conference add a tool called, “Sponsor and Sponsorship” to the list of tools to read: A Sponsor is an A.R.T.S. member who shows the recovery you seek and is experienced in working the Steps. We can work the Twelve Steps with the help and guidance of a Sponsor through a one- to-one relationship and/or in a group setting. Sponsorship can benefit all concerned. Allegra 1st, Jay 2nd. Passed unanimously.

Motion: To recommend that the WS Conference change the name of the tool, from “Abstinence, to “5 Alive”, with the following amendment: 5-ALIVE-We do our art for at least 5 minutes every day. Five minutes a day keeps our art alive. Five alive! Jay 1st, Vickie 2nd. Unanimously Passed.

Motion: To recommend that the WS Conference change the name of the tool, from “Daily Action” to “Nurturing the Creative Self” with the following amendment: We find ways to nurture the creative self. We honor and appreciate the creativity that is both inside and around us, taking time to play and to rest. Members often make commitments to nurture

the creative self. Allegra 1st, Jay 2nd. Unanimously Passed.

September 9, 2023 Board Meeting

Consent Agenda: To accept the August 12, 2023 Board meeting minutes. Cindyann 1st, Allegra 2nd. Unanimously passed.

Motion: To accept the August 2023 Treasurer's Report. Pat 1st, Vickie 2nd. Unanimously passed.

October 28, 2023 Board Meeting

Consent Agenda: To accept the September 9, 2023 Board meeting minutes. Cindyann 1st, Jay 2nd. Unanimously passed.

Motion: To accept the September 2023 Treasurer's Report as presented. Pat 1st, Jay 2nd. 1-Abstained. Passed.

Motion: To accept the Operations Report September Report. Pat 1st, Jay 2nd. 1-Abstained. Passed.

Motion: To accept the Conference Planning Report September Report as presented. Allegra 1st, Pat 2nd. Unanimously passed.

Motion: The Board of Trustees accept the actions of the conference in regards to the Traits, Talents, Tools, and the Literature Development and Approval Process, and ratify them. Allegra 1st, Jay 2nd. Unanimously passed.

Motion: To form a plan and a set of priorities for updating, upgrading, and rebuilding the website. Allegra 1st, Jay 2nd. Unanimously passed.

November 11, 2023 Board Meeting

Consent Agenda: To accept the October 28, 2023 Board meeting minutes. Cindyann 1st, Matt 2nd. Passed.

Motion: To accept the September 2023 Treasurer's Report as presented. Allegra 1st, Vickie 2nd. Passed.

Motion: To accept the Operations Report September Report. Matt 1st, Jay 2nd. 1 Passed.

Motion: To accept the Conference Planning Report September Report as presented. Allegra 1st, Jay 2nd. Passed.

Motion: To undertake and upgrade the A.R.T.S. website, and rebuilding it our ourselves with the assistance of Craig, at the rate of a \$100.00 per meeting with him. Matt 1st, Allegra 2nd. 4-yes 1-no. Passes. Minority heard.

December 9, 2023 Board Meeting

Consent Agenda: To accept the November 11, 2023 Board meeting minutes. Cindyann 1st, Allegra 2nd. Passed.

Motion: To accept the November 2023 Treasurer's Report as presented. Pat 1st, Vickie 2nd. Passed.

Motion: To accept the December 2023 Operations Report. Matt 1st, Jay 2nd. 1 Passed.

Motion: To accept the December Conference Planning Report as presented. Allegra 1st, Jay 2nd. Passed.

Motion: To accept the Policy and Procedures report as presented with signature at the bottom. Jay 1st, Pat 2nd. Unanimously passes.

Motion: To establish a Policy and Procedures Committee as a standing committee of the Board of Trustees. Allegra 1st, Pat 2nd. Unanimously passed.

Motion: To nominate Vickie D. As the chair of the Policy and Procedures Committee of the Board. Jay 1st Cindyann 2nd. Unanimously passed