

Minutes
ARTS Anonymous Board of Trustees Meeting
April 13, 2024

Meeting: Called to order: 1:00 pm ET.

Present: Allegra B., Cindyann W., Dasha B., Jay M., Matt B., Pat Q. Vickie D.

Read: The Serenity Prayer, Tradition 4, and Concept 4.

Check-In: Members checked in for 30 seconds.

Consent Agenda Items:

Motion: To accept the March 9 2023 amended Board Minutes. Pat 1st, Matt 2nd Passed.

REPORTS

1. The Talents and Skills Survey Quarterly Report for January-March 2024

Cindyann screen shared the progress of the created survey in its current state.

Motion: To accept the Talents and Survey Quarterly Report for January-March 2024. Pat 1st, Allegra 2nd. Passed.

2. The Literature Quarterly Report for January - March 2024 (See Below)

Chair Screen shared the Literature Report.

Motion: To accept Literature Quarterly Report for January - March 2024 as presented. Pat 1st, Jay 2nd. Passed

3. Treasurer's Report March 2024 (see below)

Chair Screen shared the Treasurer's Report.

Motion: To accept the **March 2024** Treasurer's Report as presented. Pat 1st, Matt 2nd. Passed.

OLD BUSINESS

1. Authors Release Form

Chair screen shared the Author's Release Form

Action: To accept what is written in the blue by the ad hoc committee, with some amendments as discussed. Allegra will put together a copy to distribute via email for review and approval.

2. WSO Policy: Use of office resources - service entities and events

Chair screen shares the WSO Policy

Motion: To accept the WSO Policy as written. Allegra 1st, Cindyann 2nd. Unanimously Passed.

NEW BUSINESS:

3. Process for a Complaint about Board member behavior

Chair screen shared Board Member Behavior Guidelines

- a. Item tabled for further discussion pending a Procedure proposal to be presented by Matt B at the next Board meeting.

Meeting closes at 3:00 pm ET: Serenity Prayer.

Respectfully submitted,
Cindyann W.
Secretary

LITERATURE COMMITTEE: January - March 2024 Quarterly Report to the Board of Trustees

Members Stories:

- Hoping to hold Members Stories Workshops in the UK and Europe, with the idea of making these available in language, culture and timing convenience. Some contacts have been approached and they are taking this idea back to their meetings and groups.
- 15 stories have been collected, including two from Russia (in English) and one in Spanish

Non-Founder Written Pamphlets:

- A revision by the Subcommittee of *The Creative ProcesZ* was read and discussed. It was tabled as a possible new project to take up in the future, given the revision and/or additional input it could take. The feeling is that it was a very big topic and the pamphlet was too much of a reflection of a single person's experience. Other discussion included concern that there didn't seem to be a grounding in recovery or working Steps, that this could become part of a larger publication in the future, that the connection to a spiritual process is not clear, does it reflect a collective voice?
- Copies of three additional pamphlets we didn't have copies of yet have been located.
- The subcommittee is not currently meeting and has no further mandate from the Literature Committee at this time

Traits, Talents and Tools:

- *Talents* work by the Subcommittee is complete, and they are being reviewed by the Literature Committee. It was decided to include the words, “In recovery” in the front of each so as to remind us the possibilities in each one, and so that they can be considered individually.
- The Subcommittee is undergoing a review of the *Traits* to put them in the past tense. It is also exploring the idea of adding a “qualifier” to the beginning of each one.

Non-Conference Approved Literature:

- Multiple discussions on this topic, including a reading of the letter sent to the Delegates regarding the removal of this Literature for sale by A.R.T.S. No specific recommendations made or actions taken by the Literature Committee, although there has been discussion.

Compiled List of Ideas and Thoughts for Next Projects:

- A series of writing workshops focused on personal stories at it relates to each Step (hold the workshops one Step at a time)
- Come up with good writing on the Steps, Step Writing
- Writing on the Traditions
- Writing and talking about Sponsoring, what do we get from sponsoring
- Provide a structure of working each Step, Tradition and Concept together, one by one.
- A book of “12, 12 and 12” (Steps, Traditions and Concepts of Service)
- There are powerful methods of working Steps out there in 12-step recovery, what could be a third model?
- Everyone’s Step work is different. Lots of ways of working Steps and some people need more guidance than others.
- Some Fellowships (such as AA) do not have workbooks. Usually, sponsorship is one-on-one and you work the Steps the way your sponsor shows you how, based on how they learned
- If we decide we want to develop “workbooks” they can be very simple, and presented as an optional guide with some questions and assignments
- Lots of the questions in the non-Conference-Approved Workbooks were not ARTS-specific; used by or borrowed from elsewhere. We can do this too.
- Underlying tone of how we have harmed ourselves, and the amends we do for ourselves is useful in Step guidance
- Find ways to talk about “what are we recovering from?”
- We have been given the gift of creativity. We can accept a constructive force in ourselves, and hope whatever we develop and provide keeps that in mind
- No need for us to hustle and hurry, we can do this right

BANK BALANCES – March 2024:	Beginning of Month March 1, 2024	End of Month March 29, 2024
Checking Account:	\$4,076.37	\$4,611.87
Savings Account:	\$5,002.17	\$5,002.21
Total Bank Balances:	\$9,078.54	\$9,614.08
MARCH INCOME:	This Month – March 2024	Last Year - March 2023
Literature:	\$300.02	\$334.06
Donation:	\$1,020.36	\$1,018.87
Fundraising:	\$369.00	\$335.22
Other:	\$318.39	\$0.00
Total Income:	\$2,007.77	\$1,688.15
MARCH EXPENSES:	This Month - March 2024	Last Year - March 2023
Literature:	\$271.66	\$420.89
Donation:	\$60.02	\$64.00
Fundraising:	\$24.77	\$54.82
Operations:	\$1,098.71	\$1,048.81
Total Expenses:	\$1,455.16	\$1,729.07
Income/Expense Difference:	This Month - March 2024	Last Year - March 2023
	\$552.61	(\$40.92)
<p>NOTES: 1) "Other" Income includes sublet rent for both February and March, plus \$168.39 in reimbursement for debit card error. 2) Non-Conference approved (Founder-written) Literature income was refunded to purchasers as the orders were not filled - one refund is pending.</p>		