

2024 (January 2025) World Service Conference of A.R.T.S. Anonymous Delegate Packet

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AGENDA – 2024 3 rd Virtual WORLD SERVICE CONFERENCE on January 10, 11, 17 & 18, 2025		
Day One- Fri Jan 10 th		Presenter and/or Facilitator:
Session One (Two Hours) 5am AEDT/ 10 am PT/1pm ET/6pm GMT/7pm CET/9pm MSK	Opening and Welcome! Serenity Prayer Concepts of Service Introductions Quick Review of day’s Agenda Delegate Voting method/guidelines	Matt B.
	Motion 1: To amend the Community Problem-Solving Method to state: <i>Facilitator asks for questions; presenter answers or may ask others to help answer them. Participants may also make comments regarding the motion.</i>	Facilitator: Matt B. Presenter: Conference Policy and Procedures Committee
	Motion 2: That the World Service Conference create a Policy and Procedures Committee for the World Service Conference.	Facilitator: Matt B. Presenter: Conference Policy and Procedures Committee
Break (30 minutes) 7am AEDT/12pm PT/3pm ET/8pm GMT/9pm CET/11pm MSK		
Session Two (Two Hours) 7.30 am AEDT/ 12.30pm PT /3.30pm ET/8.30pm GMT/9.30pm CET/ 11.30pm MSK	Motion 3: Establish a Term Limit of three consecutive World Service Conferences for the position of Conference Chairperson.	Facilitator: Matt B. Presenter: Conference Policy and Procedures Committee
	Motion 4: To accept the recommendation for “Procedures for Motions for the World Service Conference”.	Facilitator: Matt B. Presenter: Conference Policy and Procedures Committee
END OF DAY ONE		
Day Two- Sat Jan 11 th		Presenter and/or Facilitator:
Session One (Two Hours) 5am AEDT/ 10 am PT/1pm ET/6pm GMT/7pm CET/9pm MSK	Opening and Welcome! Serenity Prayer Concepts of Service Quick Review of day’s Agenda Delegate Voting method/guidelines	Facilitator: Matt B

	Motion 5: Motion to recommend to the World Service Conference updates to the Traits.	Facilitator: Matt B. Presenter: Literature Committee
	Motion 6: Motion to recommend to the World Service Conference updates to the Talents	Facilitator: Matt B. Presenter: Literature Committee
Break (30 minutes) 7am AEDT/12pm PT/3pm ET/8pm GMT/9pm CET/11pm MSK		
Session Two (Two Hours) 7.30 am AEDT/ 12.30pm PT /3.30pm ET/8.30pm GMT/9.30pm CET/ 11.30pm MSK	Motions continued as needed	
END OF DAY TWO		
Day Three- Friday 17th of January		Facilitator and/or Presenter
Session One (Two Hours) 5am AEDT/ 10 am PT/1pm ET/6pm GMT/7pm CET/9pm MSK	Opening Serenity Prayer Concepts of Service Quick Review of day's Agenda	Matt B.
	Literature Committee Presentation (including taking questions and comments) on two projects: <i>Members Stories</i> and <i>Steps Literature</i> .	Members Stories and Step Literature Subcommittee Members: Pat Q., Cindynn W., Rob H., Christopher D., Allegra B., Solange
	Treasurer's Report	Allegra B
	Committee Reports: <ul style="list-style-type: none"> • Board of Trustees • Conference Service and Support • Conference Policy & Procedures • Conference Motions and Topics Review • Literature • Sharathon 	Committee Chairs/Members
Break (30 minutes) 7am AEDT/12pm PT/3pm ET/8pm GMT/9pm CE T/11pm MSK		
Session Two (Two Hours) 7.30 am AEDT/ 12.30pm PT /3.30pm ET/8.30pm	Committee Reports continued Elections: Board members, Conference Chair and Vice-Chair Positions	

GMT/9.30pm CET/ 11.30pm MSK		
END OF DAY THREE		
Day Four Saturday 18th of January		Facilitator and/or Presenter
Session One (Two Hours) 5am AEDT/ 10 am PT/1pm ET/6pm GMT/7pm CET/9pm MSK	Opening Serenity Prayer Concepts of Service Introductions Quick Review of day's Agenda	Matt B
	<ul style="list-style-type: none"> • Topic of Discussion: Participation in, and Health of Meetings • Topic of Discussion: The importance for the rotation of service, specifically pertaining to the Board of Trustees 	Facilitated by Matt B (Round Robin Style)
Break (30 minutes) 7am AEDT/12pm PT/3pm ET/8pm GMT/9pm CET/11pm MSK		
Session Two (Two Hours) 7.30 am AEDT/ 12.30pm PT /3.30pm ET/8.30pm GMT/9.30pm CET/ 11.30pm MSK	Open Forum	Facilitated by Matt B (Round Robin Style)
Closing and End of the 2024 3rd Virtual World Service Conference in January 2025		

The following motion was crafted and passed by the participants of the October 15, 2022 Pre-Conference Meeting: To approve the Guidelines for Delegate and Participant Etiquette for all Conferences

GUIDELINES FOR DELEGATE AND PARTICIPANT ETIQUETTE FOR ALL CONFERENCES

Thank you so much. Thank you for representing your groups and the A.R.T.S fellowship. We welcome you to the World Service Conference 2022 and we look forward to your participation.

Delegates can best prepare themselves if they are registered before the conference begins.

To ensure the integrity of the voting process all sessions will be recorded. All participants who agree will be able to participate and maintain the Zoom connection. Registered delegates who are on camera for roll call and discussions can vote on each motion. It is good practice that Delegates be present for the entire debate on a motion.

Please try not to repeat questions or comments made by other Delegates or Participants. If this happens the Facilitator will let you know.

Please be mindful that some behaviors work as a trigger to distract some members from participating effectively, such as: inappropriately dressed, smoking, drinking alcohol, or eating on camera. Please remember we can best prepare Delegates who register before the conference begins.

Participants (Non-Delegates): Anyone who buys a ticket to participate in the Conference and is not an elected Delegate can contribute. Non-delegate participants can ask questions. Participants who are not delegates can also help with motion crafting, including offering Pros and Cons. This last point is very important; participants who are not Delegates cannot vote on motions.

Thank you so much for representing the A.R.T.S fellowship at the World Service Conference!

A.R.T.S. Anonymous World Service Conference Quorum and Voting Percentages

<u>Voting Type</u>	<u>Required Numbers</u>	<u>Comments</u>
Quorum	Twice the number of non-trustee delegates as trustee delegates.	Passed in 2022 by the Conference
Motions	Simple majority (50%+)	Passed in 2023 by the Conference
Binding Motions	2/3 majority	Binding on Board of Trustees, unless illegal or fiscally irresponsible
Changes to Steps, Traditions, Concepts of Service and Article 10 of Conference Charter	¾ of A.R.T.S. groups by written consent (some exceptions for the Conference Charter applies)	Changes to Steps, Traditions and Concepts of Service, plus Article 10 of the Conference Charter requires ¾ of groups. Changes to Articles 1-9 of the Charter can be made by a simple majority at the Conference.
Literature Approval	2/3 Majority	From 1995 Conference approved Literature Development Process, Retained by the Conference in the updated 2023 Literature Development/Approval Process
Reorganization of Board of Trustees	¾ vote of all Conference Delegates	May add or remove Trustees

At the 2022 World Service Conference, the following motion was passed:

For purposes of conducting business at the World Service Conference, a quorum is met when there are at least twice as many voting delegates from meetings and Committees present as the number of members of the Board of Trustees present.

At the 2023 World Service Conference, the following motion was passed:

A motion passes if it is accepted by a simple majority of the total number of Voting Members present. If not accepted by the Board of Trustees, justification will be directly provided to the Conference in writing. Exceptions to the simple majority rule are listed throughout the Charter. The Trustees are obligated by the Concepts of Service to provide good stewardship of the Corporation.

The following statements were developed by the Conference Service and Support Committee and were approved at by the Conference Planning Meeting on October 19, 2024.

Statement for the Safety of the Conference:

To protect the Conference proceedings, we ask that members save questions to the allotted question time following the presentation of each item. Questions or comments about the running of the Conference can be directed to the chat. Disruption will not be tolerated.

Disruption is defined to include interrupting, asking questions out of question time, making new motions, speaking out of order or interfering with the business of the Conference. Disruption will receive no more than two warnings from the chair and may lead to removal from the remainder of the Conference.

Warning Statement:

The Conference is being disrupted. Disruption includes interrupting, asking questions, making new motions, speaking out of order and interfering with the business of the Conference. This a warning. Further disruption will lead to removal for the remainder of the Conference.

Motion 1: To amend the Community Problem-Solving Method to state: *Facilitator asks for questions; presenter answers or may ask others to help answer them. Participants may also make comments regarding the motion.*

Background/Reasoning:

This motion was approved at the Conference Planning meeting in May 2024. The statement in the Community Problem-Solving Method originally stated: *Facilitator asks for questions; presenter answers or may ask others to help answer them. Facilitator reminds participants this is not a time to make comments, just to ask questions.* Leading up to and during the past two Conferences, concerns have been expressed that the original process did not allow for any form of comment other than to ask questions or present pros and cons. The intent of the amendment is to provide some time for other comments.

MOTION 2: That the World Service Conference create a Policy and Procedures Committee for the World Service Conference.

Background and Reasoning: The purpose of the Conference Policies and Procedures Committee is to make suggestions and recommendations for the organization of the World Service Conference. In collaboration with the World Service Office and the Conference Service & Support Committee, the Policies & Procedures Committee will create a Conference Service Manual, which will include Conference-passed motions that relate to the organization of the Conference.

Article 6 of the A.R.T.S. Anonymous World Service Conference states (in part): **World Service Conference Organization:** *The WSC governs itself, although it collaborates with the Board of Trustees. The Conference chooses its election methods and rules for voting, such as percentage of votes required to pass resolutions.*

Conference Committees: *The Conference may choose to establish committees. Any A.R.T.S. member may serve on committees. Each committee may have a Board member serving as Board liaison. The committee will elect a member as committee chair.*

This motion was approved by the July 2024 Conference Planning Meeting of Delegates and Board members by an almost unanimous vote. It was amended by the Conference Policies and Procedures Committee on December 12, 2024.

Motion 3: Establish a Term Limit of three consecutive World Service Conferences for the position of Conference Chairperson.

Background and Reasoning:

This motion was approved by the July 2024 Conference Planning Meeting of Delegates and Board members by unanimous vote.

The General Warranties of Service in Concept of Service Twelve and in the World Service Conference Charter Article 10 state (in part):

General Warranties of the Conference: In all its proceedings, the World Service Conference shall observe the spirit of the Twelve Traditions and Twelve Concepts of Service of A.R.T.S. Anonymous, taking great care that the Conference recognizes its role as the group conscience of the A.R.T.S. fellowship as a whole.

This means:

- a. No service entity ever becomes the seat of perilous wealth or power.*
- b. No member has unchecked authority over any other member.*
- c. ARTS service entities will always remain democratic in thought and action.*

The concept of Rotation of Service supports the principle that no one member or service entity become too powerful or holds too much authority over others, supporting democratic principles.

Motion 4: To accept the recommendation for “Procedures for Motions for the World Service Conference” as presented below.

Who may submit motions?

- Individual members (after a group conscience)
- Meeting/Group Delegates/GSR
- Meetings/Groups
- Board committees (including the Board of Trustees)
- Conference committees
- The Conference Planning Meeting

How motions may be presented for submission (to be considered for inclusion in the Delegate Conference Packet):

- Motions may be submitted by any individual member after a group conscience in their meeting.
- Members, delegates and committees may also submit motions at committee meetings and Conference Planning Meetings to be considered for inclusion in the Delegate Conference Packet.
- All motions proposed for the Conference shall be submitted to the World Service Office through a form available on the A.R.T.S. website.

- There will be a deadline set by the Conference Service and Support Committee so that the motion may be formulated with Background and Reasoning for the Delegate Conference Packet.
- Proposed motions may be referred to the appropriate committee. If the committee needs further clarification, they will communicate with the proposer.

During the Conference:

- As debate and discussion unfolds at the Conference, all voting members are free to vote their conscience.

After the Conference:

- GSR/Delegates will inform their Group/Meetings about group conscience decisions made at the Conference.
- Following the Conference, a formal, comprehensive report will be created by the World Service Office in cooperation with the Conference Service and Support Committee. This report will contain all Committee reports, motions as passed and any other relevant information. This report is sent to all delegates and is posted on the website.

Background/Reasoning:

This motion was approved by the July 2024 Conference Planning Meeting of Delegates and Board members by unanimous vote.

The purpose is to establish a procedure for motions to be submitted and considered for the World Service Conference that is inclusive and provides transparent reporting on decisions made at the Conference. The intent is to honor the group conscious process and provide the means for trusted servants to carry out their service to the groups/meetings.

Motion 5: Motion to recommend to the World Service Conference updates to the Traits as presented below.

Introduction: Before recovery, these were some of the common traits many struggling artists experienced before seeking a solution in A.R.T.S. Anonymous.
1. We grew up in an atmosphere of invalidation which resulted in ambivalence about our artistic expression.
2. In any given 24-hour period we found ways, consciously or unconsciously, to avoid doing that which gave us the most joy – expressing our creativity.
3. We withdrew from our art by investing ourselves in lifestyles, relationships and work activities incompatible with our artistic purpose. Our creative energy was often diverted into destructive compulsions.
4. We made needless sacrifices for our art and yet were afraid to make the necessary sacrifices. We were unable to balance the significant areas of our lives – Physical, Financial, Social, Love, Family, Spiritual and Creative.
5. Self-defeating thoughts and societal myths turned in our heads: It’s too late – I’m too old – I’m not ready – I am not enough – Art is not practical – Artists are neurotic – You’ll starve. We accepted these as true when, in fact, they were not.
6. We felt intimidated by other artists’ success. Jealousy, envy, fear, self-pity, perfectionism, resentment and other character defects blocked our creative expression.
7. We stood repeatedly at the edge of a beginning; unable to move forward, avoiding our art, and unable to commit to pursuing or developing our creativity as a means of earning a living. The concept of supporting ourselves through our art seemed overwhelming.
8. We thought of our art as divorced from reality, denying ourselves the right to follow our dreams. We forgot that artists are entitled to their right work and deserve the happiness and success that right work brings.
9. We denied our responsibility to fully develop and realize our talent. We did not feel worthy of the success we achieved or desired. We felt like a fraud.
10. Being multi-talented, we had difficulty discerning our true artistic vision, making a commitment to it and establishing the priorities to fulfill it.
11. We had difficulty following through on projects and frequently sabotaged our efforts. We wanted to work at our art but didn’t know how. We became impatient with the process, forgetting that the results come in God’s time, not ours. Our time was unmanageable. We were afraid of our creative energy and mistrusted our artistic instincts. Lacking spiritual awareness, we did not see ourselves as channels for the infinite creative process. We did not realize our art is a gift to be shared.
12. We were afraid of our creative energy and mistrusted our artistic instincts. Lacking spiritual awareness, we did not see ourselves as channels for the infinite creative process. We did not realize our art is a gift to be shared.

Background and Reasoning:

- At the World Service Conference in 2022, multiple versions of the Traits across A.R.T.S. Literature were presented. A motion was passed asking the Literature Committee to update the Traits, Talents and Tools with the purpose of presenting a unified set of each.
- As a starting point the Traits, Talents and Tools (T, T and T) Subcommittee of the Literature Committee decided to use *The Basic Pamphlet, Conference approved 1993, revised 2002 and approved by the Board of Trustees* as it seemed to be the closest to the original Conference approved version.
- The purpose is to present the Traits as fairly common past experiences, not necessarily as currently lived experience. The intent is to offer the reader hope for what is possible in A.R.T.S. In addition, the Literature Committee asked the T, T and T Subcommittee to write an Introduction for the Traits, such as there is for the Talents.
- In accordance with the Literature Development/Approval Process, these recommended updates were approved by the Literature Committee on Sept 10, 2024, and by the Board of Trustees on September 14, 2024.
- NOTE: Updated text to Trait 7 as it appears above was approved by the 2023 World Service Conference

<p><u>The Basic Pamphlet Conference approved 1993, revised 2002 and approved by the Board of Trustees</u> (NOTE: Updated text to Trait 7 as it appears below was approved by the 2023 World Service Conference)</p>	<p>As passed by the Literature Committee on 09-10-2024, approved by the Board on 09-14-2024</p>
<p>(no Introduction)</p>	<p>Introduction: Before recovery, these were some of the common traits many struggling artists experienced before seeking a solution in A.R.T.S. Anonymous.</p>
<p>1. We grew up in an atmosphere of invalidation which resulted in ambivalence about our artistic expression.</p>	<p>1. We grew up in an atmosphere of invalidation which resulted in ambivalence about our artistic expression.</p>
<p>2. In any given twenty-four hour period we find ways, consciously or unconsciously, to avoid doing that which gives us the most joy – expressing our creativity.</p>	<p>2. In any given 24-hour period we found ways, consciously or unconsciously, to avoid doing that which gave us the most joy – expressing our creativity.</p>
<p>3. We have withdrawn from our art by investing ourselves in lifestyles, relationships and work activities incompatible with our artistic purpose. Our creative energy has often been diverted into destructive compulsions toward alcohol, food,</p>	<p>3. We withdrew from our art by investing ourselves in lifestyles, relationships and work activities incompatible with our artistic purpose. Our creative energy was often diverted into destructive compulsions toward alcohol, food, sex, money,</p>

sex, money, drugs, gambling and preoccupation with the past.	drugs, gambling and [a] preoccupation with the past.
4. We have made needless sacrifices for our art and yet are afraid to make the necessary sacrifices. We are unable to balance the significant areas of our lives – Physical, Financial, Social, Love, Family, Spiritual and Creative.	4. We made needless sacrifices for our art and yet were afraid to make the necessary sacrifices. We were unable to balance the significant areas of our lives – Physical, Financial, Social, Love, Family, Spiritual and Creative.
5. Self-defeating thoughts and societal myths turn in our heads: It's too late – I'm too old – I'm not ready – I am not enough – Art is not practical – Artists are neurotic – You'll starve. We have accepted these as true when, in fact, they are not.	5. Self-defeating thoughts and societal myths turned in our heads: It's too late – I'm too old – I'm not ready – I am not enough – Art is not practical – Artists are neurotic – You'll starve. We accepted these as true when, in fact, they were not.
6. We have felt intimidated by other artists' success. Jealousy, envy, fear, self-pity, perfectionism, resentment and other character defects block our creative expression.	6. We felt intimidated by other artists' success. Jealousy, envy, fear, self-pity, perfectionism, resentment and other character defects blocked our creative expression.
<i>(NOTE: Trait 7 was updated by the 2023 World Service Conference to the following:)</i> 7. Repeatedly we stood at the edge of a beginning; unable to move forward, avoiding our art, and unable to commit to pursuing or developing our creativity as a means of earning a living. The concept of supporting ourselves through our art seemed overwhelming.	7. We stood repeatedly at the edge of a beginning; unable to move forward, avoiding our art, and unable to commit to pursuing or developing our creativity as a means of earning a living. The concept of supporting ourselves through our art seemed overwhelming.
8. We have thought of our art as divorced from reality, denying ourselves the right to follow our dreams. We forget that artists are entitled to their right work and deserve the happiness and success that right work brings.	8. We thought of our art as divorced from reality, denying ourselves the right to follow our dreams. We forgot that artists are entitled to their right work and deserve the happiness and success that right work brings.
9. We deny our responsibility to fully develop and realize our talent. We do not feel worthy of the success we achieve or desire. We feel like a fraud.	9. We denied our responsibility to fully develop and realize our talent. We did not feel worthy of the success we achieved or desired. We felt like a fraud.
10. Being multi-talented, we have difficulty discerning our true artistic vision, making a commitment to it and establishing the priorities to fulfill it.	10. Being multi-talented, we had difficulty discerning our true artistic vision, making a commitment to it and establishing the priorities to fulfill it.
11. We have difficulty following through on projects and frequently sabotage our efforts. We	11. We had difficulty following through on projects and frequently sabotaged our efforts. We wanted to

<p>want to work at our art but don't know how. We become impatient with the process, forgetting that the results come in God's time, not ours. Our time is unmanageable.</p>	<p>work at our art but didn't know how. We became impatient with the process, forgetting that the results come in God's time, not ours. Our time was unmanageable.</p>
<p>12. We have been afraid of our creative energy and have mistrusted our artistic instincts. Lacking spiritual awareness, we have not seen ourselves as channels for the infinite creative process. Our art is a gift to be shared.</p>	<p>12. We were afraid of our creative energy and mistrusted our artistic instincts. Lacking spiritual awareness, we did not see ourselves as channels for the infinite creative process. We did not realize our art is a gift to be shared.</p>

Motion 6: Motion to recommend to the World Service Conference updates to the Talents as presented below.

<p>1. In recovery, we grow in an atmosphere of affirmation and conviction that our artistic expression is essential to our existence and is part of our unique contribution to the world.</p>
<p>2. In recovery, we realize that each new day is an opportunity to express our creativity and have an artistic experience. We know our inspired creative process gives us the joy we deeply desire.</p>
<p>3. In recovery, we invest ourselves in lifestyles, relationships, and work activities that nurture our creativity.</p>
<p>4. In recovery, we immerse ourselves in our art, accepting and enjoying our creativity, finding ways to manage our temptations and diversions. Being true to our inner selves, we strive to maintain a balance in the significant areas of our lives: staying professionally involved, socially fulfilled, and lovingly engaged with family and friends.</p>
<p>5. In recovery, we are freed from the self-defeating societal myths that play in our heads. We realize that we, as individuals, have something wonderful to contribute and that with the help of our Higher Power we have what it takes to express our art.</p>
<p>6. In recovery, we rejoice in the success of other artists, keeping the focus on our own God-given gifts. We take heart that we too will find fulfillment through our own creativity.</p>
<p>7. In recovery, feeling safe in our new faith, we no longer desire to be invisible. We put our confidence in our Higher Power and release our art out into the world.</p>
<p>8. In recovery we come to recognize the creative work that is right for us. We develop clarity about our artistic expression and embrace the freedom to enjoy it.</p>
<p>9. In recovery, we commit to our art. We open our hearts and minds to all of the wonderful possibilities that our Higher Power has in store for us, including the ability to earn a living by means of our creativity.</p>
<p>10. In recovery, being multi-talented, we explore each of our abilities, taking joy in the fluidity with which we move from one to the other. Each of our abilities is a facet of our true artistic vision and each contributes to the whole. We accept full responsibility for developing and honoring our gifts.</p>
<p>11. In recovery, we are aware that the process is a learning experience. We know that the outcome is in the hands of a Higher Power and may well prove more fruitful than our immediate goal. We take time each day to be thankful that the results come in God's time, not ours. We bless each day that we are given to pursue our art.</p>
<p>12. In recovery, we turn our lives and our art over to our Higher Power, recognizing that without the aid of that Mystic Force, we are lost. Trusting our intuition and artistic instincts, we know that we are channels for the Infinite Creative Process. We offer our art as a gift to be shared.</p>

- At the World Service Conference in 2022, multiple versions of the Talents across A.R.T.S. Literature were presented. A motion was passed asking the Literature Committee to update the Traits, Talents and Tools with the purpose of presenting a unified set of each.
- As a starting point the Traits, Talents and Tools (T, T and T) Subcommittee of the Literature Committee decided to use a version of the Talents found in a pamphlet called *The Basics*, which seems to be closest to what may have been Conference-approved in the past. These are provided in the first column on the left.
- The words “In recovery” at the beginning of the Talents were added in subsequent (non-Conference approved) versions of the Talents. The Literature Committee felt this was an asset in reminding readers of what is possible through the program of A.R.T.S. Anonymous.
- In accordance with the Literature Development/Approval Process, these recommended updates were approved by the Literature Committee on Sept 10, 2024, and by the Board of Trustees on September 14, 2024.

From <i>The Basics</i>, publication date unknown.	As passed by the Literature Committee on 09-10-2024, approved by the Board on 09-14-2024
1. We grow in an atmosphere of affirmation and conviction that our artistic expression is essential to our existence and is part of our unique contribution to the world.	1. In recovery , we grow in an atmosphere of affirmation and conviction that our artistic expression is essential to our existence and is part of our unique contribution to the world.
2. We realize every day is an opportunity to express our creativity and have an artistic experience. We know our inspired creative process will give us the joy we deeply desire.	2. In recovery , we realize that each new day is an opportunity to express our creativity and have an artistic experience. We know our inspired creative process gives us the joy we deeply desire.
3. We invest ourselves in lifestyles, relationships, and work activities that nurture our creativity.	3. In recovery , we invest ourselves in lifestyles, relationships, and work activities that nurture our creativity.
4. We immerse ourselves in our art, refusing to be diverted from our creativity by destructive compulsions. We nurture significant relationships to stay professionally involved, socially fulfilled, and lovingly engaged with family and friends.	4. In recovery , we immerse ourselves in our art, accepting and enjoying our creativity, finding ways to manage our temptations and diversions. Being true to our inner selves, we strive to maintain a balance in the significant areas of our lives: staying professionally involved, socially fulfilled, and lovingly engaged with family and friends.
5. Seeing the tapes of societal myths that play in our heads for what they are, we release them, realizing that we, as artists, have wonderful gifts to contribute and that with the help of our Higher Power, we have what it takes to express our art.	5. In recovery , we are freed from the self-defeating societal myths that play in our heads. We realize that we, as individuals, have something wonderful to contribute and that with the help of our Higher Power we have what it takes to express our art.
6. We rejoice in the success of other artists. We keep our focus on our own God-given abilities. We take heart that we will find our own fulfillment through our creativity.	6. In recovery , we rejoice in the success of other artists, keeping the focus on our own God-given gifts. We take heart that we too will find fulfillment through our own creativity.

<p>7. We know where our phobic reactions come from and we have chosen to separate. Safe in our new faith we wait for inspiration to lead our heart. We give our fears to our Higher Power and send our art out into the world.</p>	<p>7. In recovery, feeling safe in our new faith, we no longer desire to be invisible. We put our confidence in our Higher Power and release our art out into the world.</p>
<p>8. As our art becomes more and more real to us, we enthusiastically follow our dreams. We accept that we are entitled to our right work and deserve the happiness and success that right work brings.</p>	<p>8. In recovery we come to recognize the creative work that is right for us. We develop clarity about our artistic expression and embrace the freedom to enjoy it.</p>
<p>9. We are committed to our art, and pursue avenues that may lead to our ability to earn a living by means of our creativity. We explore methods of determining the monetary value of our art, recognizing that we are living in a world where money is an exchange of value necessary to our survival.</p>	<p>9. In recovery, we commit to our art. We open our hearts and minds to all of the wonderful possibilities that our Higher Power has in store for us, including the ability to earn a living by means of our creativity.</p>
<p>10. Being multi-talented, we explore each of our abilities taking joy in the fluidity with which we move from one to the other. Each of our abilities is a facet of our true artistic vision and each contributes to the whole. We accept full responsibility for developing and honoring our gifts.</p>	<p>10. In recovery, being multi-talented, we explore each of our abilities, taking joy in the fluidity with which we move from one to the other. Each of our abilities is a facet of our true artistic vision and each contributes to the whole. We accept full responsibility for developing and honoring our gifts.</p>
<p>11. We are aware that the process is a learning experience. We know that the outcome is in God's hands and may well prove more fruitful than our immediate goal. We take time each day to be thankful that the results come in God's time, not ours. We bless each day that we are given to pursue our art.</p>	<p>11. In recovery, we are aware that the process is a learning experience. We know that the outcome is in the hands of a Higher Power and may well prove more fruitful than our immediate goal. We take time each day to be thankful that the results come in God's time, not ours. We bless each day that we are given to pursue our art.</p>
<p>12. We turn our lives and our art over to our Higher Power, recognizing that without the aid of that Mystic Force, we are lost. Trusting our intuition and artistic instincts, we know that we are channels for the Infinite Creative Process. Deeply grateful for our creative energy, we offer our art as a gift to be shared.</p>	<p>12. In recovery, we turn our lives and our art over to our Higher Power, recognizing that without the aid of that Mystic Force, we are lost. Trusting our intuition and artistic instincts, we know that we are channels for the Infinite Creative Process. We offer our art as a gift to be shared.</p>

A.R.T.S.

ANONYMOUS™

Artists Recovering through the Twelve Steps



THE BASIC
PAMPHLET

PREAMBLE

A.R.T.S. ANONYMOUS is a fellowship of artists who share their experience, strength and hope with each other that they may recover from their common problem and help others to surrender to their creativity.

The only requirement for membership is a desire to fulfill our creative potential. There are no dues or fees for A.R.T.S. membership; we are self-supporting through our own contributions. A.R.T.S. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to express our creative gifts and help others to achieve artistic freedom.

Preamble reprinted with adaption by permission of the A.A. Grapevine.

A.R.T.S. ATTITUDES

(guidelines for sharing and meeting etiquette)

1. We follow the time structure of the meeting, restricting our sharing and feedback to limits determined by the group conscience.
2. We do not name-drop. We are not here to impress, compete or compare. We maintain the tradition of anonymity in all our sharing.
3. In speaking and responding to fellow members, we share our experience, strength and hope. We do not judge, criticize or argue.
4. We foster an attitude of unconditional respect for each individual's creativity.

A.R.T.S. TRAITS

1. We grew up in an atmosphere of invalidation which resulted in ambivalence about our artistic expression.
2. In any given twenty-four hour period we find ways, consciously or unconsciously, to avoid doing that which gives us the most joy—expressing our creativity.
3. We have withdrawn from our art by investing ourselves in lifestyles, relationships and work activities incompatible with our artistic

purpose. Our creative energy has often been diverted into destructive compulsions toward alcohol, food, sex, money, drugs, gambling and preoccupation with the past.

4. We have made needless sacrifices for our art and yet are afraid to make the necessary sacrifices. We are unable to balance the significant areas of our lives—Physical, Financial, Social, Love, Family, Spiritual and Creative.

5. Self-defeating thoughts and societal myths turn in our heads: It's too late—I'm too old—I'm not ready—I am not enough—Art is not practical—Artists are neurotic—You'll starve. We have accepted these as true when, in fact, they are not.

6. We have felt intimidated by other artists' success. Jealousy, envy, fear, self-pity, perfectionism, resentment and other character defects block our creative expression.

7. We stand always on the edge of a beginning, afraid of commitment. Fearful of pursuing our creativity as a means of earning a living, we get caught in the amateur syndrome. The concept of supporting ourselves through our art has seemed overwhelming. We are unable to determine the monetary market value of our art.

8. We have thought of our art as divorced from reality, denying ourselves the right to follow our dream. We forget that artists are entitled to their right work and deserve the happiness and success that right work brings.

9. We deny our responsibility to fully develop and realize our talent. We do not feel worthy of the success we achieve or desire. We feel like a fraud.

10. Being multi-talented, we have difficulty discerning our true artistic vision, making a commitment to it and establishing the priorities to fulfill it.

11. We have difficulty following through on projects and frequently sabotage our efforts. We want to work at our art but don't know how. We become impatient with the process, forgetting that the results come in God's time not ours. Our time is unmanageable.

12. We have been afraid of our creative energy and have mistrusted our artistic instincts. Lacking spiritual awareness, we have not seen ourselves as channels for the infinite creative process. Our art is a gift to be shared.

A.R.T.S. TOOLS

We use tools to work the A.R.T.S. Program and bring our art into the realm of reality. These positive disciplines are essential for us to live every day as the artists we are.

AFFIRMATIONS We identify ourselves as the artists that we are. "My name is _____ and I am a _____." This and other positive statements affirm our commitment and offset old invalidating tapes.

MEETINGS We attend meetings to learn how the program works. We share our experience, strength and hope with each other.

STEPS We work the Twelve Steps of A.R.T.S. Anonymous.

ABSTINENCE We abstain from the compulsions which divert us from using our creative energy productively.

DAILY ACTION We find a way to express, or at least nurture, our creativity in every 24 hour time period, accepting what we can do now, beginning each new day where we are that day.

ART BUDDY An art buddy is a helpmate in recovery, someone we speak with daily to turn over what we have done or will do for our art today. This is an important step for many newcomers and worth the effort. Our art buddy may be someone in our field or in a different one.

TELEPHONE We use the phone to maintain contact and share our feelings with members of the fellowships between meetings. Talking on the phone helps both artists.

BOOKENDING We bookend by making calls before and after actions for our art. Verbalizing our thoughts and feelings clarifies our course of action and allows us to move through the process.

ACTION GROUPS We form mutual support groups of fellowship members to help each other develop an action plan and follow it through.

ACTION PLAN This is our personal roadmap for recovery. It includes specific actions to take for the development of our art and of ourselves as artists. It may also include a plan for realizing our professional aspirations and achieving balance in the significant areas of our lives.

CREATIVITY INVENTORY We take a written inventory of our artistic efforts and accomplishments since childhood. We also make a list of our creative goals, what we want to do in our art.

PRAYER & MEDITATION We work our 11th Step seeking "through prayer and meditation to improve our conscious contact with God, as we understand Him, praying only for knowledge of His will for us and the power to carry that out." We ask to become channels for God's infinite creative process.

LITERATURE We use A.R.T.S. literature. We use A.A. and other Twelve Step Program literature. We use inspirational material from many sources.

SERVICE We give service to the fellowship through holding office and participating in committee work; by replacing chairs and doing cleanup detail. Service expands our commitment to our A.R.T.S. recovery. Putting the common welfare of the fellowship before our own needs helps us maintain a humble spirit and heals us from grandiosity, low self-esteem, isolation and self-indulgence. It teaches us how to work with others, compromise, lead and work through problems. A.R.T.S. could not exist without the service of its members.

ANONYMITY We practice anonymity by respecting the confidential nature of members' sharing. Who and what we see and hear at meetings is not repeated outside the meeting. We also maintain anonymity on the level of press, radio and TV.

THE TWELVE STEPS

of A.R.T.S. Anonymous™

1. We admitted we were powerless over our creativity -- that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to artists, and to practice these principles in all our affairs.

The Twelve Steps and Twelve Traditions are reprinted with permission of Alcoholics Anonymous World Services, Inc. ("A.A.W.S.") Permission to reprint the Twelve Steps and Twelve Traditions does not mean that A.A.W.S. has reviewed or approved the contents of this publication, or that A.A. necessarily agrees with the views expressed herein. A.A. is a program of recovery from alcoholism only – use of the Twelve Steps and Twelve Traditions in connection with programs and activities which are patterned after A.A., but which address other problems, or in any other non-A.A. context, does not imply otherwise.

THE TWELVE TRADITIONS

of A.R.T.S. Anonymous™

1. Our common welfare should come first; personal recovery depends upon A.R.T.S. unity.
2. For our group purpose there is but one ultimate authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.R.T.S. membership is a desire to identify and express our creativity.
4. Each group should be autonomous except in matters affecting other groups or A.R.T.S. as a whole.
5. Each group has but one primary purpose — to carry its message to the artist who still suffers.
6. An A.R.T.S. group ought never endorse, finance, or lend its name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every A.R.T.S. group ought to be fully self-supporting, declining outside contributions.
8. A.R.T.S. should remain forever non-professional, but our service centers may employ special workers.
9. A.R.T.S., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. A.R.T.S. has no opinion on outside issues; hence the A.R.T.S. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

THE TWELVE STEPS of *Alcoholics Anonymous*

1. We admitted we were powerless over alcohol -- that our lives had become unmanageable. 2. Came to believe that a Power greater than ourselves could restore us to sanity. 3. Made a decision to turn our will and our lives over to the care of God *as we understood Him*. 4. Made a searching and fearless moral inventory of ourselves. 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs. 6. Were entirely ready to have God remove all these defects of character. 7. Humbly asked Him to remove our shortcomings. 8. Made a list of all persons we had harmed, and became willing to make amends to them all. 9. Made direct amends to such people wherever possible, except when to do so would injure them or others. 10. Continued to take personal inventory and when we were wrong promptly admitted it. 11. Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out. 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

THE TWELVE TRADITIONS of *Alcoholics Anonymous*

1. Our common welfare should come first; personal recovery depends upon A.A. unity. 2. For our group purpose there is but one ultimate authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern. 3. The only requirement for A.A. membership is a desire to identify and express our creativity. 4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole. 5. Each group has but one primary purpose -- to carry its message to the alcoholic who still suffers. 6. An A.A. group ought never endorse, finance, or lend its name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose. 7. Every A.A. group ought to be fully self-supporting, declining outside contributions. 8. Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers. 9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve. 10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy. 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films. 12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

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The Board of Trustees Report to the 2024 3rd Virtual World Service Conference on January 2025

We appreciate the confidence the Fellowship has placed in us. The primary responsibilities of the Board of Trustees are to comply with legal requirements for our nonprofit status, and to maintain the fiscal viability of A.R.T.S. The Board remains committed to exercising its responsibilities and makes decisions within the principles of the A.R.T.S. Anonymous fellowship as laid out in the Twelve Steps, the Twelve Traditions, and the Twelve Concepts of Service of A.R.T.S. Anonymous.

Board positions have continued with Allegra B. as Chair, Pat Q. as Vice-Chair and Cindyann W. as Secretary. Dasha B. joined the Board in February 2024. We still have no Board Treasurer or other officer to oversee fiscal responsibilities. The Board meets regularly on the second Saturday of each month. The World Service Office is ably and well-staffed by our faithful Office Manager Chinu.

Major Board Actions:

- The Board has acquired pro bono legal services from attorneys with White and Case, located in New York City.
- An Author Release agreement was finalized and OK'd by a copyright attorney. The purpose is to gain the permission from members who make written contributions to A.R.T.S. Members retain the rights to their stories, including experience, strength and hope with recovery in A.R.T.S. while allowing A.R.T.S. to use their work to carry the message and sustain the program.
- Trademark applications for "A.R.T.S. Anonymous" and "Artists Recovering through the Twelve Steps" have been filed with the assistance of pro bono legal counsel and are awaiting approval from the U.S. Trademark Office.
- Copyrights are being registered for Conference-approved pamphlets with the Library of Congress. This provides A.R.T.S. with additional legal protection over its material.
- Non-conference approved literature is no longer available to be sold by A.R.T.S. The Fellowship was informed by email, including the backstory for the decision, in March 2024.
- A committee to survey the talents and skills of the members for outreach and other efforts was formed. It developed a possible survey that will undergo review by the Board.
- Updates to the Traits and Talents submitted by the Literature Committee have been reviewed by the Board and will be considered at the 2024 3rd Virtual World Service Conference in January 2025.

Major World Services Actions:

- Continued to make improvements to the website. These include a service and event calendar, PDFs converted to posts, and more use of columns on pages to help aid users in their searches. (An attempt within the office to update the website to a current version of WordPress ended in failure as the website went down for about 9 days).
- A policy was created and passed to address the use of office resources to ensure compliance with the Traditions for supporting A.R.T.S. events and activities
- The membership was engaged in writing about the A.R.T.S. Steps through a newsletter writing project.

- Monthly email updates are regularly sent to the Delegates and Meeting contacts about events, workshops, service opportunities and the Conference.
- Holding a monthly Step Study Workshop. Material and feedback from these workshops are being used by the Literature Committee to help in developing possible Step material. The workshops are also contributing to A.R.T.S. finances.
- A Structure, Service and Traditions workshop was developed in 2024 and will be presented sometime after the January World Service Conference in 2025. The purpose is to help members become aware of the Traditions and how they support recovery, and the service contributions needed for A.R.T.S. to be self-supporting.
- A group of members is actively planning and executing quarterly “Sharathon” events – a platform for members to share their art and creativity. The Sharathon also contributes to A.R.T.S. finances.
- A 40th Anniversary birthday celebration was planned by Abigail B., our Founder and held on November 3, 2024. Over 50 members attended.
- The Executive Committee has oversight of the day-to-day operations of the World Service Office, including emergency situations. Office operations in 2024 included (but are not limited to): tracking and reporting income, expenses and cost analyses; bookkeeping; communications for the Conference and Workshops; producing and sending out the monthly newsletter; posting and updating information on the website; updating the meeting list and information; converting Conference-approved literature to Kindle for electronic purchase; filing copyright applications; converting PDFs to web page postings; upgraded the newsletter graphics.

Next Steps: The Board underwent a “prioritization” project to better focus on the nearly 20 items on a list of unfinished business. All the items are relevant to increasing the membership, improving A.R.T.S. financial health, and organizing the functioning of the Board and World Services. These include the following (*this is not a complete list*):

- Attracting a Board Treasurer or a Financial Officer to oversee and advise on financial matters to the Board.
- Support for the health of meetings and participation in them, including service.
- Policy for A.R.T.S. Anonymous to publish, distribute and sell Conference-approved literature
- Strategic Planning
- New Literature
- A survey of Talents and Skills of the membership
- A policy for an Executive Committee
- Licensing the Translation of Literature
- Website Upgrade
- Website Testimonials
- Policy for Translation of the website in other languages
- Proposed letter to seek endorsement of A.R.T.S. from the medical community
- Process for a complaint about Board member behavior

We invite A.R.T.S. members to participate in all levels of service: individual outreach to fellow members; service to meetings such as holding office; contributing financially to the A.R.T.S. Anonymous Treasury

including a prudent reserve; as a Delegate to the World Service Conference and applying for service on the A.R.T.S. Board of Trustees.

Conference Service and Support Committee Report to the 2024 World Service Conference

(penned November 2024)

Hello all, Matt B here, Artist, Puppeteer as it turns out and Author writing this Report for the last time as Conference Chair. I'm so grateful to the fellowship of A.R.T.S for the honour and privilege (and fun) of being your Conference Chair for the last few years!

It's been an interesting year for our committee. We had a well-earned rest at the beginning of the year after the World Service Conference unexpectedly spilling into January this year.

We started the service year of supporting the Conference by holding the Agenda Setting and Conference Planning Meetings for the upcoming Conference in January 2025. Our first proper Committee meeting was in April, where we changed our name from Conference Planning Committee to the Conference Service and Support Committee. Our Conference meetings to plan the Conference together as a fellowship through the year decided to change its name from Pre-Conference to Conference Planning, we followed suit so not to confuse.

We had a change of Secretary for our Committee-Cindyann stepped down as our secretary, which she has faithfully done since our Inception-Thanks so much Cindyann for your Service!

Paul took on the position in April, being our secretary ever since. Thanks Paul!

Conference Service and Support have met a few times and will do post this report, early in December and January to finish organising supporting next year's Conference, including organising Scribes, Security and behind the scenes Tech Support.

Thanks again Everyone. Yours in Service Matt B Conference Chair.

Conference Policies and Procedures Committee Report to the 2024 3rd Virtual World Service Conference to be held on January 10, 11, 17 & 18.

The Conference Policies and Procedures Committee was formed after an invitation from Trustee Vickie D was given to the membership in January 2024, with the idea of taking the next step for the Conference – that it organizes and governs itself, in accordance with Article 6 of the World Service Conference Charter. It held its first meeting on January 27, 2024. Amy C was elected Chair. Donna D is the Secretary.

The function of the Conference Policies and Procedures Committee is to propose rules to govern how the Conference operates. These proposals will be brought to the Conference as motions to be voted upon. Until now, the motions for the Conference have come from the Board of Trustees committees. Now that the Conference is more firmly established, Delegates/GSRs can vote to set up a procedure for bringing motions to the Conference and other matters related to the running of the Conference.

In time, with Conference-approved policies in place, a Conference Service Manual will be created by this Policies and Procedures Committee.

The Committee meets on the first Saturday of each month. It has considered several topics to be considered and reported upon at the conference. These include and are not limited to the positions of Conference Chair and Conference Vice Chair, an update to the Community Problem-Solving Method used at the Conference, by whom and how motions are submitted and what the procedures are for them. This year the Policies and Procedures Committee has been working in cooperation with the Conference Planning Meetings and the Conference Motions and Topics Review Committee on these topics. The motions that have resulted from this process are being brought to the 2024 3rd Virtual World Service Conference on January 10, 11, 17 & 18, 2025. The plan is that more motions for consideration will be brought to future World Service Conferences as they continue to grow and evolve in service to the Fellowship as a whole.

Conference Motions and Topics Review Committee Report to the 2024 World Service Conference

The Motions and Topics Review Committee was formed in September 2024 for the purpose of reviewing topics of discussion and motions for the January 2025 World Service Conference. It met most Saturdays until Nov 9.

The Committee reviewed and approved two motions from the Literature Committee. It also reviewed two Topics of Discussion - one that was left over from last year's WSC and another submitted by the Board of Trustees. It additionally approved four motions submitted by the Conference Policy and Procedures Committee, and sent one back to that Committee for additional clarification. This last motion was approved on Nov 9, 2024.

Also serving on the Committee (even if they came for only one meeting, half a meeting or for 5 minutes or almost came):

Donna D., Florida; Dee R., Alisa, Toronto, Canada; Allegra B., Chair ARTS; Amy C., NYC Chair Policies & Procedures Committee; Ann T.; Bill L.; Carol B., Vienna, Austria; Cindyann W., CA; Faye T., Ireland; Jacky G., London, England; Johann, Paris, France; Ken P., Montana; Leesa, New York; Linda L.; Mary D.; Mary K., Galway, Ireland; Matt B., Melbourne, Australia; Matty R.; Pat, Dublin, Ireland; Peggy B.

Literature Committee Report for the January 2025 Conference

The work of the Literature Committee has continued with collecting stories and Author Permissions for a Members Stories book, updating and reviewing the Traits and Talents, and beginning work on developing A.R.T.S. Literature on the Twelve Steps.

Members Stories Subcommittee: This committee is in its second year of meeting twice a month. Out of this committee came two workshops inviting members to write and submit their A.R.T.S. Anonymous experience, strength and hope (ESH) stories. Two scripts were created, one outlined suggested way to write the ESH story. The second outlined a guide for leading a writing workshop with their group. These scripts are available to members through communication announcements via the Newsletter and the Website.

As a result of the workshops and communications, 16 members submitted their stories. Out of the 16, 13 completed and returned a completed Author's Release Form. Two of the three wish to revise their story, and one remains to return the Author's Release form.

One member of the group reached out to Dublin and London to open up a discussion inviting countries in Europe to consider involving their groups to host a Member's Stories Workshop for their members to write, submit and contribute to the A.R.T.S. Anonymous Member's Stories Publication project. Hopefully these seed ideas will sprout to grow and reach back to us.

Traits, Talents and Tools Subcommittee: The Tools were updated and sent to the 2023 World Service Conference, where they were crafted and passed. In addition, the 2023 Conference approved an Introduction to the Twelve Traits and amendments to Trait 7. There remained but two items for the Subcommittee to do under its then brief, as follows:

1) Submit to the Literature Committee the final draft review updating of the 12 Talents.

This work had been completed by the T, T&T Subcommittee in late 2023. But the draft report was held over until January 2024 before sending it to the Literature Committee.

2) Addressing the tense of the 12 Traits, placing the wording of each Trait into the past tense. Members of the Subcommittee met three times for this work. A final draft report of the 12 Traits, written in past tense, was sent to the Literature Committee on May 2nd, 2024. The purpose is to present the Traits as something in the past, and that recovery does happen. (Note: the Steps are presented in the past tense.)

A review of the suggested updates to the Traits and Talents was conducted by the Literature Committee during 2024 and some amendments were made and passed. At its October 12 meeting the Board of Trustees approved the recommended updates for consideration by the January 2025 World Service Conference.

Pamphlets Subcommittee: An update to the pamphlet *The Creative ProcesZ* was presented to the Literature Committee in January 2024. The purpose of the updates was to remove the 'second person' tone and present the material in the third person so as to make it more accessible for personal identification. The decision was made to suspend this project for the time being. Reasons included that it was questionable if this represented the collective voice on such an extensive topic, and whether the

pamphlet included experience, strength and hope in a 12-Step program of recovery. The Pamphlets Subcommittee has suspended its work for the time being.

Steps Subcommittee: At the 2023 World Service Conference, one topic of discussion was Accessibility of Literature, and the need for Conference-Approved Literature on the Steps, among other concerns. The first Literature Committee meetings of the year included discussion on next projects for the Literature Committee. This new Subcommittee was formed in April 2024. The need for Conference-approved Literature on sponsoring, the Steps, the Traditions and the Concepts of Service was expressed. An ongoing idea for a series of Step workshops, one step at a time, was brought, and has since been implemented. This workshop series is also being presented by members based in the U.K. The material developed by the workshops, including feedback from participants, is being adapted and used to create a booklet offering guidance for working Steps in A.R.T.S. A longer-term project *may* include a more extensive publication on the Steps that includes stories of member experience, strength and hope. Writing on the Traditions and Concepts of Service is also possible in such a publication.

WORLD SERVICE CONFERENCE
SHARATHON REPORT 2024

Tradition 1- Our common welfare should come first; personal recovery depends upon A.R.T.S. unity.

Two Monday's a month, Cindyann W., Eddied-Ed O., Erica L., Jane H., Jay M. and Marcie O. serve the Sharathon Group Planning meeting, on Zoom, at 10 am PT/ 1 pm ET. to plan each event. What surprises us all is the good time we have offering our service to the fellowship meeting the primary purpose of A.R.T.S. Anonymous. The theme of each event reflects seasons of the year: winter, spring, summer and fall. Our graphic designer Marcie, creates colorful festive flyers to communicate our Sharathon events. (Take a look.) Jay assists our tech needs, posts the flyer on our website and MC's our evens sometimes. Cindyann sets up the Ticket Tailor and Zoom room, Eddie-Ed MC's each event with his zeal and wit, Erica opens our zoom introductions in German and invites others to in greet us in their language. Jane authored our last Newsletter Review. There's a job for everyone, you too if you would like to join the fun and be part of our Planning Group. Let us know at: sharathon@artsanonymous.org.

Tradition 3 - The only requirement for A.R.T.S. membership is a desire to identify and express our creativity.

As our fellowship comes together to celebrate our creative life, the average attendance is 20 to 25, raising an average donation fund of \$190.00 per event. These events could not happen without the support of the A.R.T.S. Office provisions for communication, and the avenues for obtaining tickets and the Zoom event platform permitting us to celebrate the art from others around the world: Australia, Austria, Germany, Norway, Russia, Switzerland, the United Kingdom and across the United States.

Tradition 5 - Each group has but one primary purpose – to carry its message to the artist who still suffers.

In March of this year, Sharathon inspired Russia to hold their own art share event:

“Welcome to our first S•A•R•A•F•A•N (Sharathon in Russian), which will take place on March 1 at 19:00 MSK (16:00 GMT, 11am ET time). We invite everyone (the leader knows English, and will be able to make small translations, so non-Russian-speakers will be able to share their art, if it doesn't include big parts of text in English 😊).”

I never imagined it would be possible for us to celebrate art making with artists in Russia, but it happened via Zoom, I was there. It was a brilliant experience!

It would be wonderful if groups in your local held a Sharathon event as well. Our planning group and the A.R.T.S. Anonymous office are happy to support your inspiration to do so. Contact: sharathon@artsanonymous.org.

Our events have not always gone completely without a glitch now and then. And yet, attending members met these glitches with grace, patience and helpful understanding in a way that encouraged us to keep it going.

A heartfelt thank you for your attendance and participation to the Sharathon events. Without you it just wouldn't happen. Our next event will take place this winter. We look forward to see you there.

Q & A

2024 World Service Conference of A.R.T.S. Anonymous

Treasurer's Report

Revised 11-15-2024

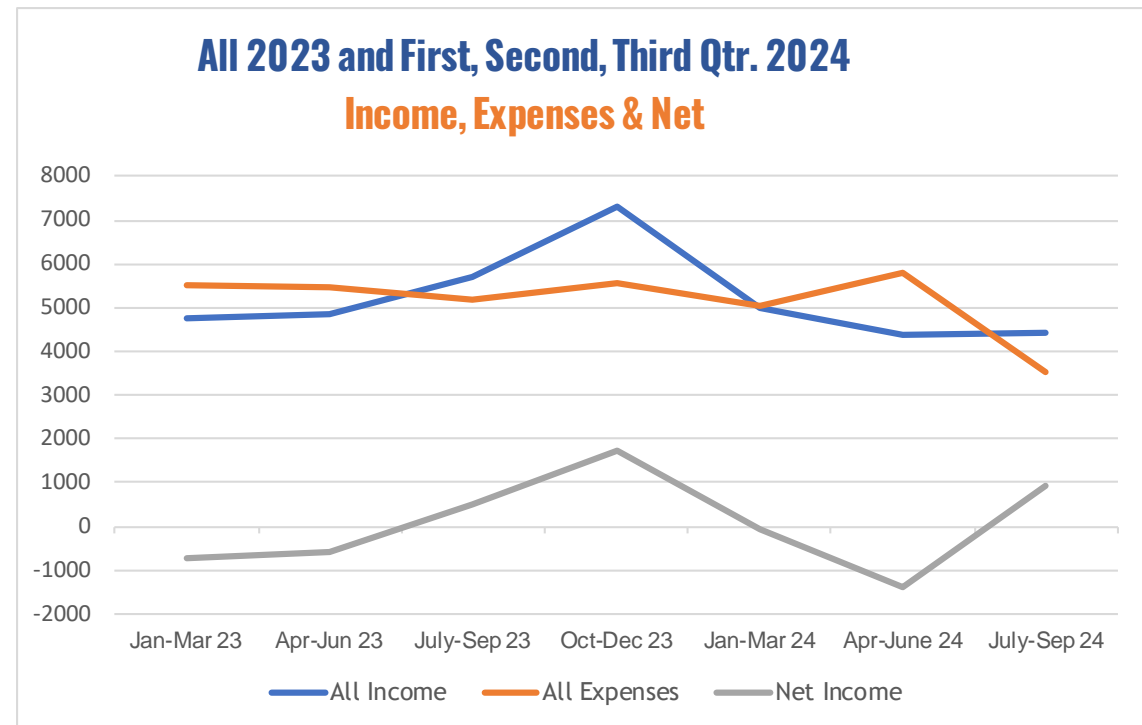
All of 2023 & First, Second & Third Qtr. 2024

by Fiscal Quarter

Income and Expenses

Category	Jan-Mar 23	Apr-Jun 23	July-Sep 23	Oct-Dec 23	Jan-Mar 24	Apr-June 24	July-Sep 24
All Income	4765.41	4864.13	5717.98	7292.87	4980.19	4399.44	4437.27
All Expenses	5496.93	5477.88	5201.44	5566.69	5059.87	5805.58	3533.04
Net Income	-731.52	-613.75	516.54	1726.18	-79.68	-1406.14	904.23

- The gray line is the difference between income and expenses, called "net". At the end of September, net was at about \$900, meaning our income was that much above expenses at that moment in time.
- The uptick in income at the end of 2023 is due to the 2023 Birthday Celebration and World Service Conference. This is not an unusual pattern.
- Both income and expenses over the past 21 months have remained fairly steady.



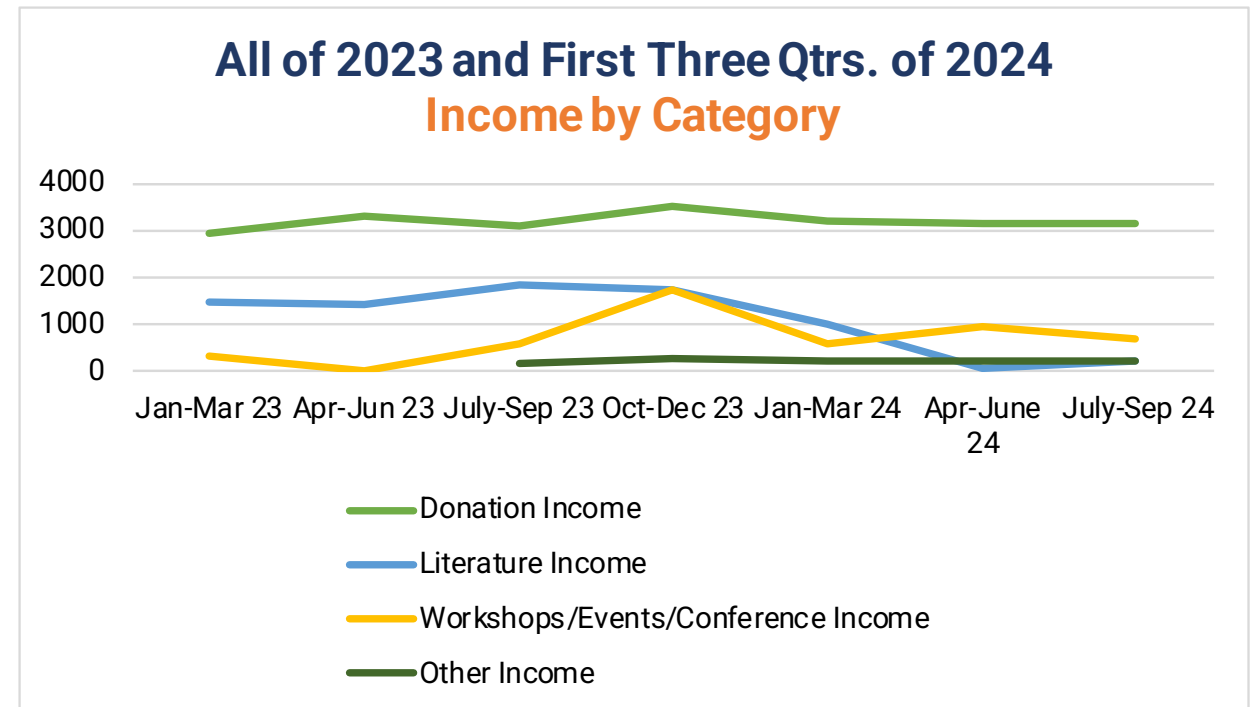
All of 2023 & First, Second & Third Qtr. 2024

by Fiscal Quarter

Income by Category

Category	Jan-Mar 23	Apr-Jun 23	July-Sep 23	Oct-Dec 23	Jan-Mar 24	Apr-June 24	July-Sep 24
Donation Income	2952.92	3325.47	3116.36	3529.38	3184.72	3175.92	3158.62
Literature Income	1477.27	1443.66	1859.32	1741.89	991.96	63.85	249.76
Workshops/Events/Conference Income	335.22	0.00	592.3	1721.6	578.51	934.67	696.00
Other Income			150.00	300.00	225.00	225.00	225.00

- Donations remain the largest source of income, and average just over \$1,000 a month.
- Income from Literature has gone down, due to the removal of non-Conference approved Literature and some refunds issued at the beginning of 2024.
- Workshops and events are becoming a reliable source of income
- "Other income" is coming from a desk share arrangement at the office.



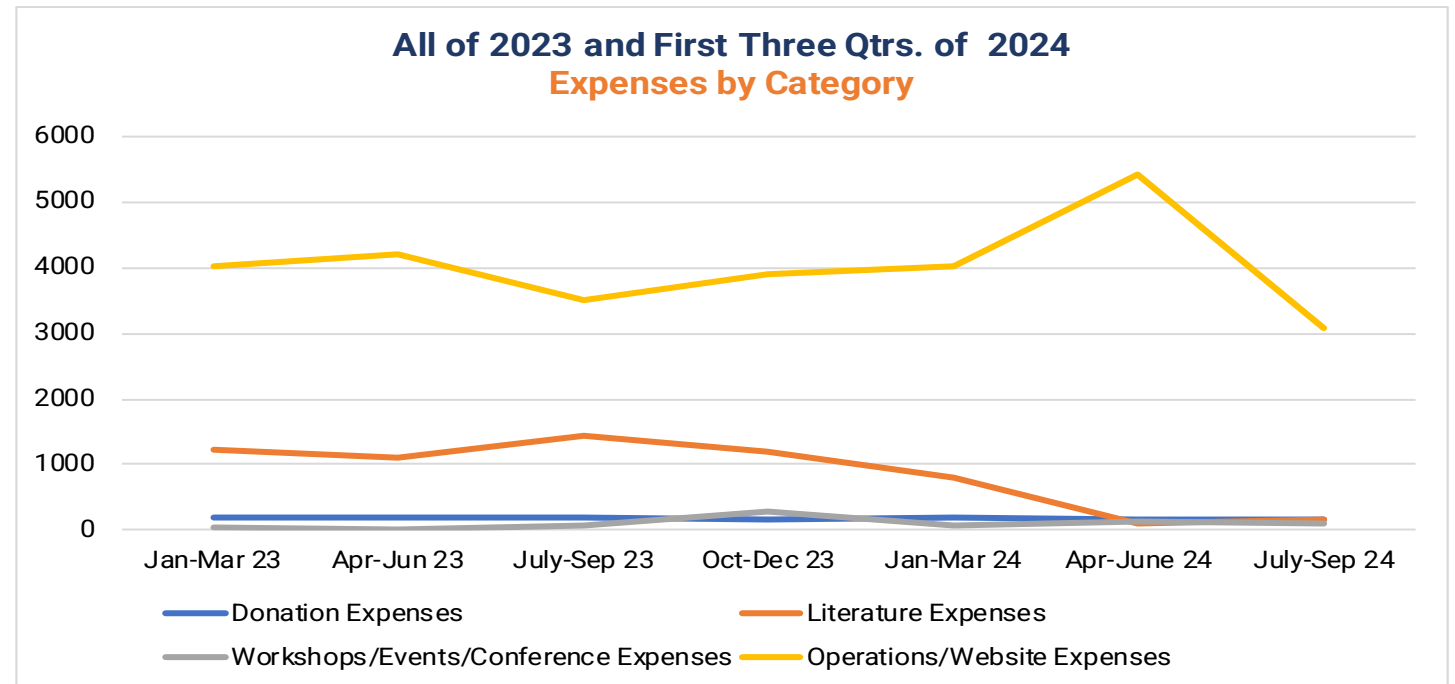
All of 2023 & First, Second & Third Qtr. 2024

by Fiscal Quarter

Expenses by Category

Category	Jan-Mar 23	Apr-Jun 23	July-Sep 23	Oct-Dec 23	Jan-Mar 24	Apr-June 24	July-Sep 24
Donation Expenses	184.65	194.73	184.66	166.93	189.03	149.23	175.05
Literature Expenses	1240.73	1089.66	1432.27	1209.47	794.31	108.34	161.9
Workshops/Events/Conference Expenses	54.82	0	81.99	282.39	64.73	136.3	99.7
Operations/Website Expenses	4016.73	4193.49	3502.52	3907.9	4011.8	5411.71	3096.39

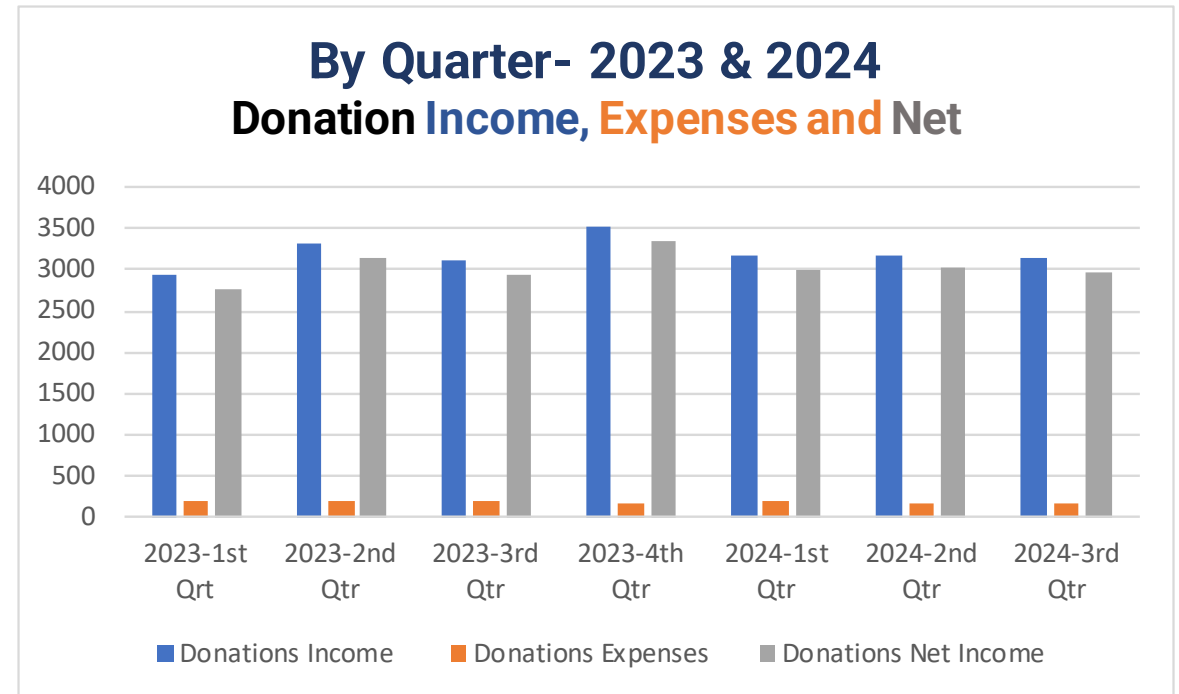
- Operations remains the highest expense category.
- Monetary benefit for each A.R.T.S. meeting from Office Operations and the Website is estimated to be \$28.51 per month



All of 2023 & First, Second, Third Qtrs. Donation Income/Expenses & Net Income

Category	2023-1st Qtr	2023-2nd Qtr	2023-3rd Qtr	2023-4th Qtr	2024-1st Qtr	2024-2nd Qtr	2024-3rd Qtr	Total
Donations Income	2952.92	3325.47	3116.36	3529.38	3184.72	3175.92	3158.62	22443.39
Donations Expenses	184.65	194.73	184.66	166.93	189.03	149.23	175.05	1244.28
Donations Net Income	2768.27	3130.74	2931.70	3362.45	2995.69	3026.69	2983.57	21199.11

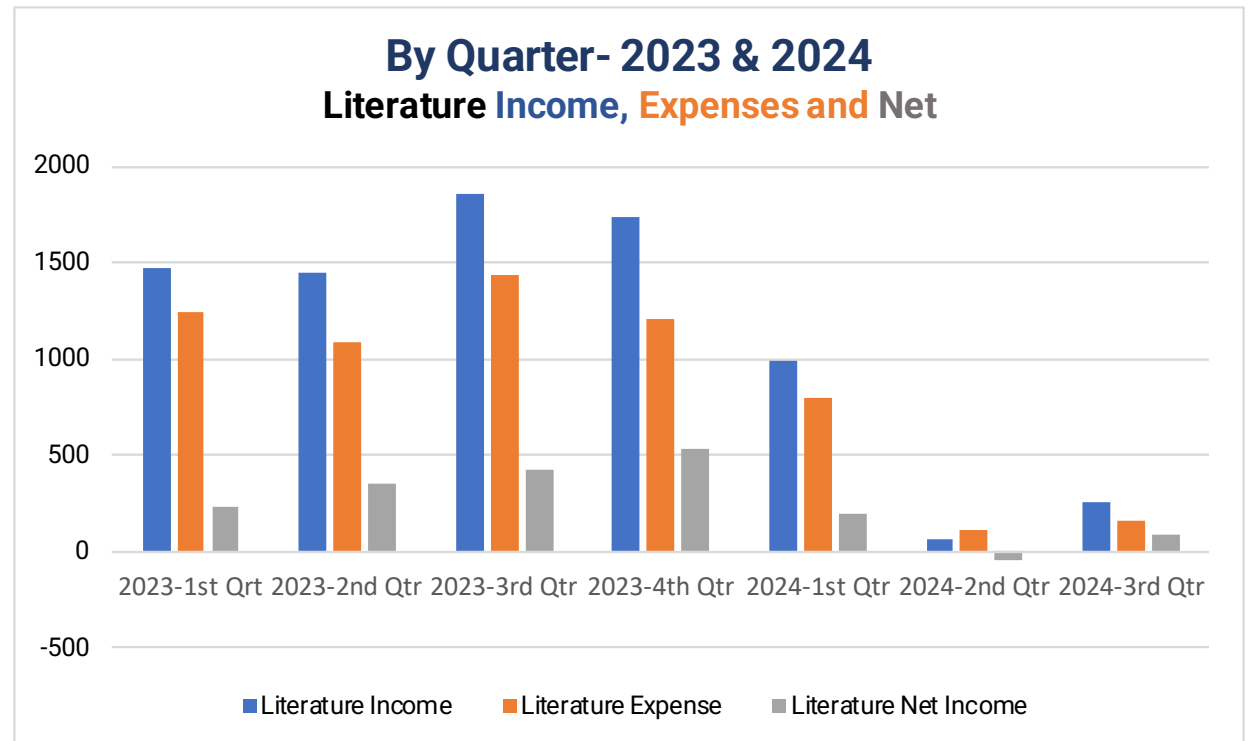
- The expenses are processing and transaction fees from credit cards and PayPal



All of 2023 & First, Second, Third Qtrs. Literature Income/Expenses & Net Income

Category	2023-1st Qtr	2023-2nd Qtr	2023-3rd Qtr	2023-4th Qtr	2024-1st Qtr	2024-2nd Qtr	2024-3rd Qtr	Total
Literature Income	1477.27	1443.66	1859.32	1741.89	991.96	63.85	249.76	\$7,827.71
Literature Expense	1240.73	1089.66	1432.27	1209.47	794.31	108.34	161.9	\$6,036.68
Literature Net Income	236.54	354	427.05	532.42	197.65	-44.49	87.86	\$1,791.03

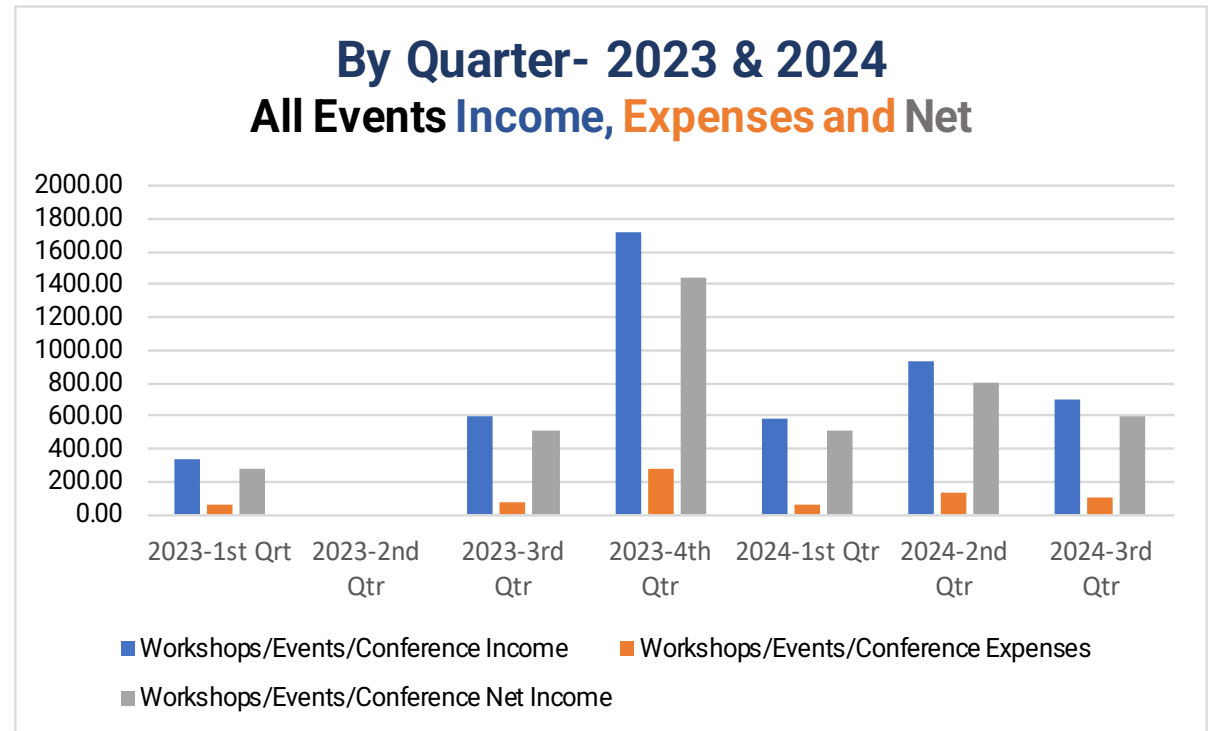
- Income from Literature has dropped substantially due to the removal of non-Conference approved Literature for sale in early 2024. Some refunds issued in the second quarter created a net loss.
- Although income from Literature is down, the net is at a higher percentage then used to be.



All of 2023 & First, Second, Third Qtrs.– Workshops/Events/Conference Income/Expenses & Net Income

Category	2023-1st Qtr	2023-2nd Qtr	2023-3rd Qtr	2023-4th Qtr	2024-1st Qtr	2024-2nd Qtr	2024-3rd Qtr	Total
Workshops/Events/Conference Income	335.22	0.00	592.30	1721.60	578.51	934.67	696.00	4858.30
Workshops/Events/Conference Expenses	54.82	0.00	81.99	282.39	64.73	136.30	99.70	719.93
Workshops/Events/Conference Net Income	280.40	0.00	510.31	1439.21	513.78	798.37	596.30	4138.37

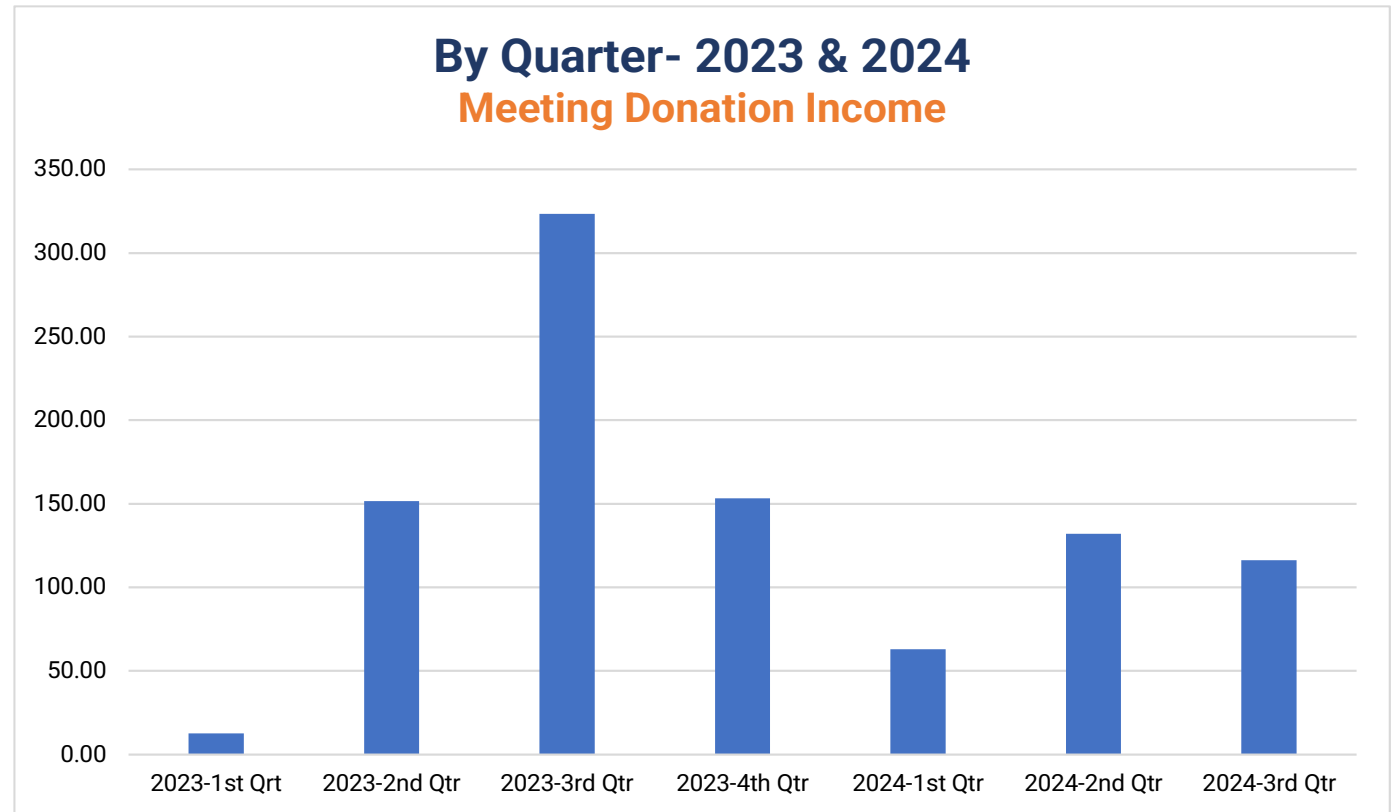
- Expenses for events and the workshops went down some with the switch from Eventbrite to Ticket Tailor.
- The last quarter of 2024 should see an uptick of income due to the 40th Birthday Celebration event and World Service Conference scheduled in January 2025.



All of 2023 & First, Second, Third Qtrs. Meeting Donations Income

Category	2023-1st Qtr	2023-2nd Qtr	2023-3rd Qtr	2023-4th Qtr	2024-1st Qtr	2024-2nd Qtr	2024-3rd Qtr	Total
INCOME	12.67	151.52	323.46	153.34	63.00	131.96	116.24	\$952.19

- Total donations from all groups/meetings remain an average of about \$52.90 a month



Conclusions

- Income and expenses remain relatively steady, as does the bank balance. Although we are stable, the finances are not growing.
- A Board Treasurer or other Financial Officer would help us determine and work toward a prudent reserve and how to get us on better financial footing
- "Big Ticket" Items: 1) We may lose the incredibly cheap office space we rent in 2025. 2) The website remains a concern for its ability to attract, for ease of use, and stability.
- There is a hope the meetings become self-supporting, including the value of what they receive in services from A.R.T.S. World Service. This is an average of about \$28 for each meeting listed on the website (not counting 5-Alive sessions).

Elections

Motion: To elect Dasha B. to the Board of Trustees.

Background and Reasoning: Dasha was elected to join the Board on February 10, 2024, and serving with commitment and integrity. Her contributions to the growth of the membership and recovery of the Russian members are providing valuable lessons. She is actively contributing her experience to the growth of the program. Her statement is below.

Dasha is a multi-talented creative person, in photography, drawing, writing prose and poetry, translating texts, sometimes sings, and much more. She came to A.R.T.S. in July 2022 and has since completed the Steps in A.R.T.S.

“In February 2023 I started an A.R.T.S. meeting in my native language, because I needed support for my texts and poetry. Happily, our fellowship began to grow, and now we have meetings 7 days per week. In ARTS I served as a group leader, group secretary, in Literature and Sharathon committees (both in A.R.T.S. World Service and my native language), translated literature, invited and interpreted speakers, served on the Members Stories Subcommittee, was a Delegate at the Conference, and some more. For me serving as a Board member is an interesting new experience, and I believe I can use my various experiences in service on different levels in my multiple 12-step fellowships (since 2016), as well as my personal organizational and interpretation skills, to improve A.R.T.S. Anonymous, both in the English-speaking world and in my native country. My main interests are developing and translating literature, and creating connections, internationally and with members.

In service I try to put principles above personalities, apply the 12 Traditions and 12 Concepts of Service, do the best to my ability, and then let go.”

Election of Conference Chair

Conference Chair Duties

In Preparation for the World Service Conference:

- Work in cooperation with the Board of Trustees, the World Service Office, and other committees as needed, such as the Conference Policy and Procedures Committee, the Motions and Topics Review Committee, etc.
- Facilitate the Agenda Setting-Meetings for the Conference Planning Meetings (two weeks before)
- Facilitate the Conference Planning Meetings. *(Please note that the Conference Planning meetings including Agenda Setting, may not be a permanent feature if low attendance levels continue. Decisions for the Conference could then be made by Committee)*
- Facilitate Monthly Conference Service and Support Committee meetings and co-ordinate all the actions of the committee.

- Produce and present a quarterly Conference Chair report to the Board of Trustees detailing Conference preparation progress.
- Make sure the 'jobs' of the World Service Conference are staffed, Scribes, Security, Tech people.
- Provide Scribes (those that fill in and craft the Community Problem Solving method with the motions in real time) with the Motions in the Community Problem Solving method form.
- Provide training as needed to motion Presenters with the Motions in the Community Problem-Solving method.

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At The A.R.T.S World Service Conference:

- Facilitate the World Service Conference
Facilitate the set Agenda. This includes supporting Presenters of motions and facilitating. Try to make sure that things run on time and don't run over. (Not always possible) Also chair the Topics and Open forum.
- Co-ordinate and support those with roles within the World Service Conference, Scribes, Security, Tech people.

After the World Service Conference:

- Write the World Service Report in cooperation with the Conference Service and Support Committee and the World Service Office. With special emphasis on the Motions, passed or failed. Accuracy crucial; every word of a passed motion needs to be exact.
- Take a well-earned break!

Election of the Vice-Chair of the Conference

This position description is from a motion that was passed by the Conference Policy and Procedures Committee on Oct 3, 2024

The position of Vice Chair for the Conference is elected by the World Service Conference for a one-year term and may be elected for no more than three subsequent one-year terms.

- The VC is available for the meetings the Conference Chair attends or leads
- There is the possibility of stepping into the role of the Conference Chair
- The VC Has the tie-breaking vote
- The VC supports and assists the Conference Chair as needed
- The VC functions as an alternate Conference Chair when necessary
- The VC may not be a member of the A.R.T.S. Board of Trustees

Topic of Discussion: Participation and Health of Meetings

This Topic for Discussion was submitted by the Board of Trustees for the January 2025 World Service Conference. It was reviewed, amended and approved by the Motions and Topics Review Committee on October 12, 2024

Meetings and groups are the essential means by which the primary purpose of A.R.T.S. Anonymous is carried out - to carry its message to the artist who still suffers. What are meetings doing to carry out the “primary purpose”? This might be an opportunity for Delegates and Conference participants to share what works to attract and grow a healthy meeting, encourage participation, and make contributions to service and to the Fellowship.

The number of meetings has remained stagnant. Contributions are down. We think it's a good time for the meetings to talk openly about what works, what doesn't, what issues or concerns there might be that is keeping meetings from helping struggling artists, and the Fellowship from growing.

Are meetings and groups aware of the many ways to get the word of A.R.T.S. out to the world? For example, having an Outreach Committee.

Topic of Discussion: Staggered/Rotating Board Terms and Service

Topic submitted by an A.R.T.S. member

Please note: This Topic of Discussion was on the agenda for the 2023 World Service Conference, but was not addressed as the Conference ran out of time.

- The importance for the rotation of service, specifically pertaining to the Board of Trustees.
- Actions each board of trustees performs; how well do we know what members of the Board do?
- Possible structure or structures for filling board trustee vacancies.
- Members' desire to serve and how we as the Board and the A.R.T.S fellowship itself can best accommodate and encourage this desire.

One Board member's Statement

When members come into service positions, and then go on to other positions, an opportunity opens for someone else to fill the space. In A.R.T.S., as in other Twelve-Step programs, this is known as “rotation of service.” When practiced, space opens for others to engage in ways that may further their own recovery. As members grow, the meeting grows.

Service has a way of testing the ego from the tendency to rule or control situations. Giving service is another kind of practice. The traditions offer a calm approach when participating in serving a meeting or

group. Checking in with the principles as we serve assists our intent to give in a healthy way. This practice may inspire an application to other aspects of life, including engagement with our creativity. It is possible that service is the sacrifice made as an investment to safeguard recovery, but it may also mature and develop our “contributions to the world.”

The wisdom of Tradition 7 guides a balance that supports individual recovery, and at the same time it challenges members and the group to be mindful. When a group is “self-supporting through its own contributions” the meeting grows with strength. Contributing service is one way to participate with this tradition and can cultivate a sense of purpose and self-confidence. The growth and strength can increase the abundance account. When the virtual basket grows with donations, the meeting gets to practice group conscious decision making and stewardship managing the funds. The members get to experience competence coping with money.

Recovery in service can further recovery development by serving on fellowship committees and service boards. Service at this level can result in learning new skills for effective group communication, and the privilege to experience practicing new behaviors within group conscience. Developing communication serves all levels of A.R.T.S. Anonymous and across the Fellowship. Healthy interactions with others can impact beyond other A.R.T.S. communities, make a difference within other art communities, and maybe our relationships with significant others and the creativity process as well.

When circumstances change, requiring a service position to be filled (or rotated), the opportunity offers members a recovery place to grow. What has been learned by the former service member can then be passed on, a hallmark of all 12-Step programs. The service experience of others' strength and hope can support development with kind compassion. Shared and rotating responsibilities sustain the well-being of those willing to participate and support the desire for A.R.T.S. Anonymous to thrive and grow. From this, creative inspirations will often increase, resulting in a new sense of joy and abundance.