

Minutes
ARTS Anonymous Board of Trustees Meeting
February 14, 2026

The meeting was called to order at 12:02 pm ET.

Present: Allegra B., Chris M. (after election to the board), Cindyann W., Dasha B., Harvey D., Jay M., Pat Q. Vickie D.

Read: The Serenity Prayer, Tradition 2 and Concept 2

Check-In: Members checked in.

Minutes: Minutes of the December 2025 meeting were read. Allegra 1st, Cindyann 2nd, unanimous approval. Minutes of the January 2 special board meeting were read. Harvey 1st, Cindyann 2nd. Unanimous approval.

ANNOUNCEMENT:

Allegra B announced she would be stepping down as Board Chair after 3 years and that Chris M. has volunteered to be the Financial Officer.

MOTION: The Board expresses its appreciation for Allegra's shepherding of ARTS finances for the past 3 years. (Uncertain who was 1st and 2nd. Passed unanimously.)

REPORTS:

Treasurer's Report (Attached at the end of the minutes.) Of note, \$158 was donated by individuals to the Conference Scholarship fund. \$74 was used.

Chris M. was admitted to the meeting to observe, as he volunteered to be the ARTS Financial Officer.

MOTION: To accept the January 2025 Treasurer's Report as revised. Vickie 1st, Cindyann 2nd. Passed unanimously.

Operations Report (Attached at the end of the minutes.)

MOTION: To accept the Operations Report Pat 1st, Jay 2nd. Unanimous.

OLD BUSINESS:

Election:

Chris was nominated to be on the Board of Trustees. He accepted the nomination and is willing to serve as Board Treasurer. Vickie 1st, Jay 2nd. Unanimous. Chris was joyfully welcomed to the Board of Trustees.

NEW BUSINESS:

Response to Members' Requests, Complaints and Correspondence

ACTION ITEM: How can we respond to members with the limited resources available to the Board? Vickie volunteered to compile ideas for the outlines of a response to members. Cindyann volunteered to provide input.

Approval of Motions Passed by the Conference

The Board of Trustees ratified motions passed by the Conference.

MOTION 1: Allegra 1st, Chris 2nd. Unanimous.

MOTION 2: Jay 1st, Pat 2nd. Unanimous.

MOTION 3: Pat 1st, Cindyann 2nd. Unanimous.

MOTION 4: Jay 1st, Pat 2nd. Unanimous.

MOTION 5: Vickie 1st, Jay 2nd. Unanimous.

Board of Trustees Elections

The following Board Officers were elected.

Chair: **Pat Q.** Jay 1st, Allegra 2nd. 6 in favor, 1 opposed. Passed.

Vice Chair: **Allegra B.** Vickie 1st, Harvey 2nd. Unanimous.

Treasurer: **Chris M.** Jay 1st, Pat 2nd.

Secretary: **Vickie,** Jay 1st, Chris 2nd. Unanimous.

Community Problem Solving Method, Roberts Rules & Ways of Structuring Debates

Knowledge-Based Decision Making. Pat, who was involved with Al-Anon board meetings for a number of years, introduced the idea of Knowledge-Based Decision Making, which is used by many non-profits including 12 Step Programs. He held up his copy of the book, with many Post-Its visible, *Building a Knowledge Based Culture*. No action was taken.

The meeting was adjourned at 2:45 pm EST.

Serenity Prayer

Respectfully submitted,
Vickie D, Secretary